University College Hospital Macmillan Cancer Centre

End of treatment clinic
Children and young people’s cancer services
Introduction

Reaching the end of treatment is an important time. Some people look forward to it, others find it difficult, and for some it is a pause before treatment starts again at a later stage.

We know it is a time of change and to help with this transition we offer an end of treatment appointment to all teenagers and young adults. This appointment is optional and in addition to regular follow-up with your medical team.

What will the end of treatment appointment offer me?

Your appointment will be with Louise Soanes, Nurse Consultant for Teenagers and Young Adults. You’ll have a chance to talk through any needs or worries you may have after treatment. You will also be able to get information/advice on any of the topics listed below:

- diet and exercise
- education and employment
- relationships and fertility
- how you’re feeling now
- how you’re likely to feel over the next few months.
Where will I have the appointment?
You can have the appointment face to face in the University College Hospital Macmillan Cancer Centre or by telephone.

What happens during the appointment?
Before your appointment starts, we will ask you to fill in a holistic needs assessment (HNA) form. This is a checklist that can help you to identify areas that are important for you to talk about during the appointment.

You will receive a written summary of the discussion, usually via post. This will also be added to your medical records at UCLH and shared with any other healthcare professionals, such as your GP, if you wish.

How do I arrange an end of treatment appointment?
Please ask your consultant or clinical nurse specialist (CNS) to refer you.

You can also contact Louise Soanes directly on 07950 856 487 or lsoanes@nhs.net
Space for notes and questions
Contact details
Louise Soanes
Teenage Cancer Trust Nurse Consultant
Email: lsoanes@nhs.net
Telephone: 07950 856 487
Address:
Teenage and Young Adult Service
University College Hospital Macmillan
Cancer Centre
Third Floor
Huntley Street
London WC1E 6AG

Website: www.uclh.nhs.uk

If you need a large print, audio, easy read, braille, age-friendly or translated copy of this leaflet, please contact us on 020 3447 1837/1867. We will do our best to meet your needs.
How to find us

Map of University College Hospital Macmillan Cancer Centre

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