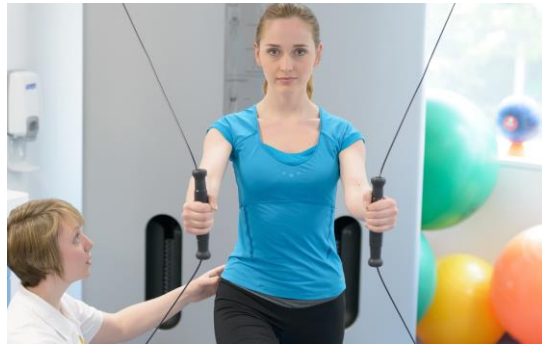


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## Contact details

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If you need a large print, easy read, audio or translated copy of this document, please contact us on 020 3447 2800. We will try our best to meet your needs.

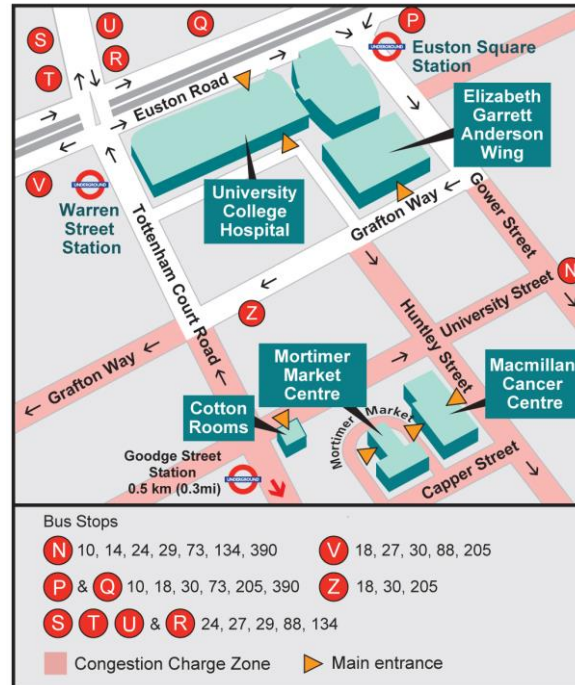


## Where can I get more information?

Patients with queries about their treatment at the ISEH should contact Neil Bourke, General Manager on 020 3447 2360.

Email: [neil.bourke@nhs.net](mailto:neil.bourke@nhs.net)

UCLH cannot accept responsibility for information provided by external organisations.



## Institute of Sport, Exercise and Health

170 Tottenham Court Road,  
London, W1T 7HA



## Introduction

The Institute of Sport, Exercise and Health (known as the ISEH) is based at 170 Tottenham Court Road, close to UCLH. The Institute brings together leading sports, academic and health organisations to create a centre of excellence for all aspects of sport and exercise medicine.

## The organisations involved are:

- University College London Hospitals NHS Foundation Trust
- University College London
- British Olympic Association
- English Institute of Sport
- HCA International.

The ISEH has been set up as part of the legacy of the London 2012 Olympic Games, and it is part of the National Centre for Sports and Exercise Medicine (NCSEM).

The Institute works to highlight the important role of sports medicine in both treating injuries and using sport and exercise as a way of preventing disease and helping people to get better.

At the ISEH, NHS patients will have access to the same expertise and state-of-the-art equipment as some of the UK's top sportsmen and women.

## Why have I been referred to the Institute?

You have been referred to the ISEH because you either have a sports- or exercise-related injury, or a problem that our team of sports and exercise specialists are best placed to deal with. In the ISEH you will have access to a multidisciplinary team of experts as well as state of the art assessment, imaging and rehabilitation equipment.

## Who will be responsible for my care?

Although the ISEH is a partnership facility, you can be assured that you will remain under the care of University College London Hospitals NHS Foundation Trust. You will always be treated by staff employed by UCLH – staff working at the ISEH treating NHS patients also work at UCLH.

## What will be different about my care?

The key difference is that you will be treated in a new facility that is enhanced by partnership with external organisations.

## What if I need surgery?

If you need to come to hospital for surgery, you will have this done at University College Hospital.

## Can I get involved in trials?

The ISEH has a strong emphasis on research and provides an opportunity for new research to be translated into patient care more quickly. Clinical trials at the ISEH, like anywhere else in the NHS, are strictly regulated. The team looking after you will be able to answer your questions and assess your suitability to get involved in clinical trials.

## IOC Research Centre

The International Olympic Committee (IOC) has officially recognised the ISEH together with the NCSEM as one of eleven research centres from across the world as an IOC Research Centre for Prevention of Injury and Protection of Athlete Health.

Over the next four years the ISEH and NCSEM will be tasked with researching, developing and implementing effective preventive and treatment strategies for sports-related injuries and illnesses. It will receive financial support from the IOC and join an international network of expert scientists and clinicians whose focus will be research into the prevention of sports injuries and optimisation of the health of our athletes.