

## Further information

If you have any questions about the service or would like more information, please speak to a member of the cancer services nursing team.

You can also ask for a copy of our booklet 'Teenage and Young Adult Ambulatory Care Service - information for patients, carers and companions'. Or you can ask for a visit to the Unit to discuss the services we offer in more detail.

Telephone: **020 3447 1837/1867**  
(ext 71837 or 71867 if calling internally)

Hospital switchboard: **0845 155 5000** or  
**020 3456 7890**

Teenage and Young Adult Service  
3rd Floor, University College Hospital  
Macmillan Cancer Centre  
Huntley Street  
London WC1E 6AG

Website: [www.uclh.nhs.uk](http://www.uclh.nhs.uk)

If you need a large print, audio, braille, easy read or translated copy of this leaflet, please contact us on **020 3447 1837/1867**. We will do our best to meet your needs.



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**Safety**  
**Kindness**  
**Teamwork**  
Improving

## University College Hospital

### Introduction to the Teenage and Young Adult Ambulatory Care Service



**'The ambulatory care service has made such a difference to my journey.'**

## Introduction

Depending on your treatment needs, it may be possible for you to receive some or all of your care in a day unit, without having to stay overnight in hospital. You would then be treated on our Teenage and Young Adult Ambulatory Care Unit located on the third floor of the University College Hospital Macmillan Cancer Centre.

The Ambulatory Care Unit is for patients aged 13-24 and is open from 8am to 7pm, Monday to Saturday. The Unit works closely with our inpatient cancer wards to deliver a range of treatments that have historically been given in the inpatient setting.

Such treatments include various types of chemotherapy, and autograft and low-intensity allogeneic transplants. Some treatments may be delivered by a small, portable infusion pump and carried in a backpack or small bag.

## Overview of ambulatory care

If you are suitable for ambulatory care, you will visit the unit daily where you will be seen by your nurses and doctors.

Most patients stay at Paul's House during their treatment in the Ambulatory Care Unit. It is located near the Cancer Centre and offers 'home from home' environment. Some patients may also stay in a nearby hotel or at home. Where you stay will depend on your treatment, room availability and where you live. All rooms are paid for by University College Hospital.

If you are staying away from home while being treated in ambulatory care, feel free to invite a relative or friend to stay with you. If this is your first stay away from home, or if you are below 18 years of age, a responsible adult must stay with you.

You will receive a phone number which you can call 24 hours a day if you need to speak to a senior nurse. If necessary, the nurse will arrange a hospital admission for you.

**'For me, this is the best way to have my treatment.'**

**'Brilliant system, lovely staff. Top class!'**

## Benefits of ambulatory care

- Both Paul's House and the hotel offer a comfortable environment to stay in between your daily treatments.
- If you are staying at home, we hope that this will allow you a bit more independence and normality throughout your treatment.
- You can have a friend or relative stay with you during your treatment – something that is not always possible in the hospital.
- You will have full access to all of the facilities offered by the Teenage and Young Adult Ambulatory Care Unit during your course of treatment. These include visits from the complementary therapy team, activity coordinator and clinical nurse specialist (CNS).
- Your treatments will be scheduled to start and finish at certain times each day. This will reduce your waiting time and allow you to spend more time out of the hospital environment.