

# Mapping of Psychological Support Services for Cancer & Palliative Care *(Levels 2, 3 & 4)*

*Psychosocial Expert Reference Group*

*London Cancer*

*October 2013*

# Index

<b>1.0</b>	<b>Background</b>	<b>2</b>
<b>2.0</b>	<b>Data Collection</b>	<b>2</b>
	2.1 <i>Levels 3 and 4 - Psychological Specialists</i>	2
	2.2 <i>Level 4 - Psychiatry</i>	3
	2.3 <i>Level 2</i>	3
<b>3.0</b>	<b>Limitations</b>	<b>4</b>
<b>4.0</b>	<b>Results</b>	<b>5</b>
	4.1 <i>Cancer Centres (radiotherapy providers)</i>	5
	4.2 <i>Other Hospitals</i>	6
	4.3 <i>Hospices</i>	6
	4.4 <i>Community Provision</i>	7
	4.5 <i>Hospital and hospice sites – Map &amp; Key</i>	8
	4.6 <i>Provision across the ICS</i>	10
	4.7 <i>Liaison Psychiatry</i>	11
	4.8 <i>Level 2 provision</i>	11
Appendix A	Levels of practice	12
Appendix B	Resource by service	13
Appendix C	Referral routes by service ('in house')	14
Appendix D	Referral routes by service (external)	16
Appendix E	Delivery settings by service	18
Appendix F	Level 3 & 4 activities by service	20
Appendix G	Volunteer input by service	22

## **1.0 Background**

A system wide baseline mapping is required by the 2011 Peer Review measures for psychological support. This should quantify the provision of Levels 2, 3 and 4 staffing<sup>1</sup> across the different localities. While both the legacy *North Central* and *North East London* networks have previously conducted mapping, some of the information is now out of date and the format/content of the two datasets are not readily compatible. It was therefore decided to start afresh and establish a clear baseline across the ICS.

Further requirements of the peer review measures are the production of a Service Specification, Needs Assessment and Development Strategy. The information contained in this report will provide the context for developing these items.

## **2.0 Data Collection**

### ***2.1 Levels 3 and 4 - Psychological Specialists***

The majority of the data collection took place between March and June 2013. Members of the *Psychological Forum* and *Expert Reference Group* were asked to identify all services that provided some kind of specialist psychological support to cancer and palliative care patients. This only included services that were wholly free to patients at the point of delivery. Where there was no knowledge of local services, senior nurses were contacted to provide further information. The *Psychosocial Forum* includes stakeholders from acute, community and third sector organisations, and data was collected from all of these settings. The bulk of the data was gathered through an online survey followed by telephone and email communication to clarify points of detail.

---

<sup>1</sup> *Appendix A* outlines the distinction between the different levels of practice

## **2.2 Level 4 - Psychiatry**

While there are isolated examples of psychiatrists with specific academic interests in psycho-oncology, it is not the norm within the *London Cancer* region for consultants to have time specifically funded for this work. Psychiatric provision is therefore delivered through liaison or community services. With the support of a local psychiatrist (Prof. Peter White at Barts Health) a register of services was compiled and local services were contacted and asked to highlight any notable gaps in general provision.

## **2.3 Level 2**

Our *Psychosocial Expert Reference Group* oversees the delivery of Level 2 training and supervision. As a result, no additional work was required to gather information about this staff group.

### **3.0 Limitations**

While effort was made to capture all the relevant services, it is possible that there are omissions. This is most likely to have occurred with staff who work in departments that are not exclusively concerned with cancer but have a significant throughput of patients with malignant conditions.

To ensure a good response to the online survey, it was designed to be as simple as possible. Some questions allowed respondents to offer estimates of the time they and their staff dedicate to different types of activity. While it was felt that this level of accuracy was acceptable, it is important to note that this is likely to lead to some small degree of error in the overall figures. This is especially true for staff that do not have a specific number of sessions dedicated to cancer/palliative care work. Some of these individuals noted that it was hard to quantify their input as it could vary so much from week to week.

It is clear that services vary in the emphasis of the work undertaken. Some teams prioritise direct therapy with patients while others invest more time in indirect work such as supporting generalists (levels 1 and 2) through supervision, consultation and training.

While the mapping distinguishes between 'cancer only' and 'palliative care', it should be noted that these services are often quite different. Much of the palliative care resource is within the hospice setting and many of the voluntary staff are predominantly engaged in bereavement counselling.

To give some indication of the patient throughput in the acute setting, the number of first treatment cases per year (based on 2012/13 data) has been provided. However, it is important to note this single figure does not take account of the range of variables that will affect the need for Level 3&4 staffing. (E.g. location of MDTs and varying rates of psychological morbidity across different tumour groups).

## 4.0 Results

### 4.1 Cancer Centres (radiotherapy providers)

Cancer centre trusts	Annual 1 <sup>st</sup> treatment cases	Wte L4	Wte L3	Vol.	Total	Shared with Palliative Care	Level 2 Support ?
BHRT	2280	1.6	0.4	1.2	<b>3.2</b>	-	Yes
Barts Health	2727	2.7	0.4	0.1	<b>3.2</b>	33%	Yes
North Middlesex	816	-	0.3	-	<b>0.3</b>	-	No
Royal Free	1112	0.8	1.8	0.3	<b>2.9</b>	14%	Yes
UCLH	1468	3.1	2.0	0.4	<b>5.5</b>	-	Yes



## 4.2 Other Hospitals\*

Other hospitals	Annual 1 <sup>st</sup> Treatment cases	Wte L4	Wte L3	VolIntr.	Shared with PC / Bereavement %	L2 Support ?
Barnet & Chase Farm	1593	-	-	-	-	n
Homerton	319	0.6	-	-	30%	y
Newham	<i>See Barts Health</i>	1.7	-	-	61%	y
Princess Alexandra**	935	-	0.2	-	-	n
Whipps Cross	<i>See Barts Health</i>	0.2	2.0	3.4	96%	y
Whittington	443	0.3	-	-	-	y

\* Moorfields Eye & Royal National Orthopaedic hospitals have very small throughput served by generic therapy services

\*\* Princess Alexandra has no in-house provision. 0.2wte counselling access via third sector at The River Hospital 5 miles from the main site.

## 4.3 Hospices

Hospice	Location	Wte L4	Wte L3	VolIntr.	Shared with provision for <18yrs	L2 Support ?
Margaret Centre	Leytonstone	-	2.0	3.4	No	Yes
Marie Curie Hospice	Hampstead	-	2.1	1.0	Yes	No
North London Hospice	Enfield	0.4	-	0.7	No	Yes
St Francis Hospice	Havering-atte-Bower	-	1.0	2.2	Yes	No
St Joseph's Hospice	Hackney	-	1.6	2.2	Yes	No

## 4.4 Community Provision

Borough / Base	Provider	Specialist Cancer			Pal Care ?			LTC IAPT ?
		L4	L3	VolIntr.	L4	L3	VolIntr.	
Barnet Enfield & Haringey	Barnet Enfield & Haringey M.H Trust	0.1	-	-	-	-	-	
City & Hackney	Homerton	0.3	-	-	0.1	-	-	
Hendon	Chai Cancer Care	-	3.0	-	-	-	-	
Tower Hamlets	Barts Health	-	-	-	0.8	-	-	
Newham	CYANA	-	1.8	-	-	-	-	
Newham	ELFT	-	-	-	0.6	-	-	LTC IAPT

*Nb: While this provision is generally community based, some services will 'in-reach' to hospitals as part of their seamless care provision.*

Efforts to survey local generic community services (i.e. IAPT services) met with a mixed response. Of the services that replied, all said that they would see patients with long term physical conditions. In these cases, the normal 'stepped care' approach is applied. Only one service, based in Newham, offers distinct specialist provision for this group. In some instances, there are related psychology services that provide more specialist care and discriminate between different physical conditions (e.g. stroke, cancer, chronic pain). Access to more specialist provision involved referral pathways either internal to the relevant trust or into the acute setting. Where specialist cancer or palliative care is based in the community, this has been included in the main data set.



## 4.5 Hospital and hospice sites



See overleaf for key

**Barnet and Chase Farm Hospitals NHS Trust**

- 1 Chase Farm Hospital**
- 2 Barnet Hospital**

**North Middlesex University Hospital NHS Trust**

- 3 North Middlesex Hospital**

**Royal National Orthopaedic Hospital NHS Trust**

- 4 Royal National Orthopaedic Hospital**

**Barts Health NHS Trust (Barts Health)**

- 5 Mile End Hospital**
- 6 Newham University Hospital**
- 7 London Chest Hospital**
- 8 The Royal London Hospital**
- 9 St Bartholomew's Hospital**
- 10 Whipps Cross University Hospital**

**Princess Alexandra Hospital NHS Trust**

- 11 Princess Alexandra Hospital**

**University College London Hospitals NHS Foundation Trust (UCLH)**

- 12 University College Hospital**
- 13 Heart Hospital**
- 14 National Hospital for Neurology and Neurosurgery (NHNN)**

**Royal Free London NHS Foundation Trust**

- 15 Royal Free Hospital**

**Barking, Havering & Redbridge University Hospitals NHS Trust (BHRUT)**

- 16 Queen's Hospital**
- 17 King George Hospital**

**Homerton University Hospital NHS Foundation Trust**

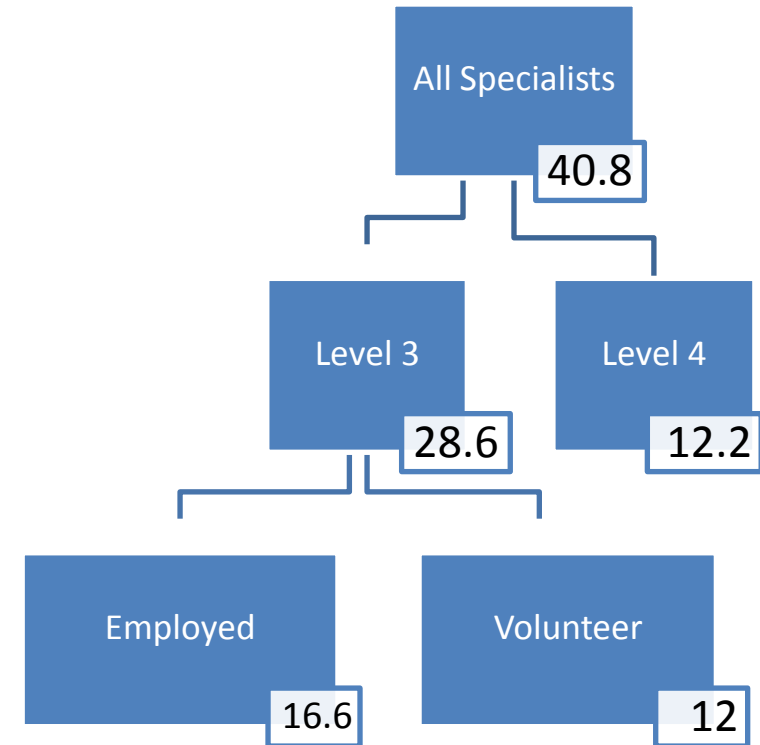
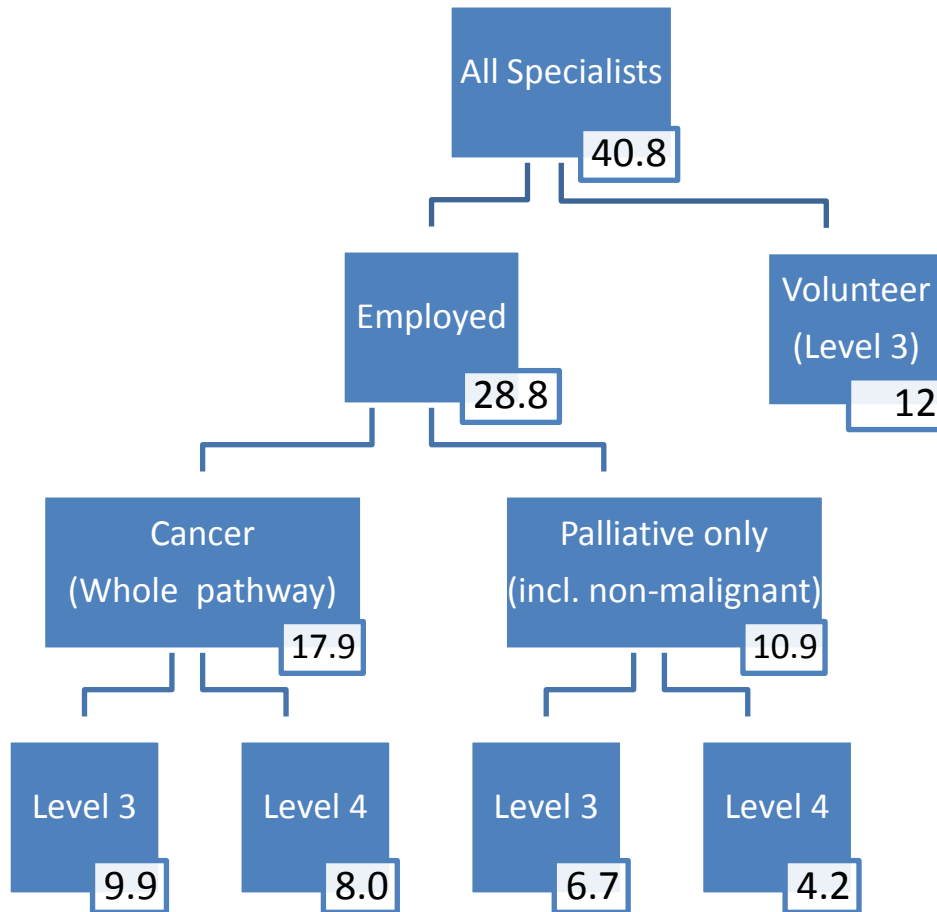
- 18 Homerton University Hospital**

**The Whittington Hospital NHS Trust**

- 19 Whittington Hospital**

- J - St Joseph's Hospice**
- W - Whipps Cross – The Margaret Centre**
- F - St Francis Hospice**
- N - The North London Hospice**
- M - Marie Currie Hospice**

## 4.6 Provision across the ICS



*Note: Some level 3 volunteers are exclusively engaged in Cancer / Palliative care work. However, while it is difficult to obtain precise figures, it is clear that the majority of their provision is actually focussed outside the scope of this mapping, on bereavement services. As a result of this, the figure of "12.0wte" shown above, is undoubtedly an overestimate of the actual input for cancer and palliative care patients*

## 4.7 Liaison Psychiatry

While there are isolated examples of psychiatrists with specific academic interests in psycho-oncology, there are no consultants<sup>2</sup> with time specifically dedicated to this work. Psychiatric provision in London Cancer is delivered through liaison or community services.

Trust / Site	Provision
Barnet Hospital	No formal provision
Chase Farm Hospital	Acute Assessment Centre
Homerton Hospital	Liaison provision ( Jan 2014+)
King George Hospital	Liaison provision
Moorfields Eye Hospital	No formal provision
Newham Hospital	Liaison provision
North Middlesex Hospital	Liaison provision
Princess Alexandra Hospital	Liaison provision

Trust / Site	Trust / Site
Queen's Hospital	Liaison provision (limited)
Royal London Hospital	Liaison provision
Royal National Orthopaedic Hospital	Liaison provision
St Bartholomew's Hospital	Liaison provision
The Royal Free Hospital	Liaison provision
The Whittington Hospital	Liaison provision
University College Hospital	Liaison provision
Whipps Cross Hospital	Liaison provision

## 4.8 Level 2 provision

Professionals trained to level 2	138
MDTs with Level 2 practitioner receiving supervision	50
Level 3/4 supervisors	11

*(As of June 2013)*

<sup>2</sup> As with the mapping of psychological specialists, contact details for service leads have been omitted from the main body of the report but are available in the full dataset

## Appendix A: Levels of practice

The 2011 *Peer Review Measures for Psychological Support* define the service levels as follows:

**Level 1** is defined as a degree of psychological screening, intervention and support which is deliverable by any qualified health or social care professional, without any further psychological training other than that provided by the basic training in their own discipline.

Note: Level 1 does not feature directly in the measures but it is specified here to set a baseline for comparison with the higher levels and to put them in perspective.

**Level 2** is defined as a degree of psychological screening, intervention and support which requires a practitioner who is a health or social care professional who has received further psychological training, as specified below, in addition to that provided by the basic training in their own discipline. The additional training is as follows:

1. Attendance on the National Advanced Communications Skills Training course from one of the nationally approved programmes.
- &
2. Participation in a network based training programme, relevant to cancer patients and their carers which covers basic psychological screening, psychological assessment and basic psychological intervention skills. The detailed content of the training programme will be agreed by the network and is not subject to peer review, but for illustration purposes examples of the training in screening are: Jenkins, K. & North, N. (2008) 'Psychological Assessment Skills: A training course for all health and social care staff working in cancer services'. Salisbury NHS Foundation Trust; or, training in the use of a Holistic Needs Assessment tool such as the Distress Thermometer. For illustration purposes, examples of the training in psychological intervention skills are: Training in Solution Focussed Techniques, or Anxiety Management, or Problem Solving, or Cognitive Behavioural Therapy.

**Level 3** is defined as a degree of psychological screening, intervention and support which requires a practitioner who is one of the following:

- a counsellor, accredited by the one of the national voluntary regulatory bodies for counselling;
- an NHS psychotherapist accredited by one of the national voluntary regulatory bodies for psychotherapy.

**Level 4** is a degree of psychological screening, intervention and support which requires a practitioner who is one of the following:

- a consultant psychiatrist;
- a consultant liaison psychiatrist;
- a clinical or counselling psychologist.

*All of the above should have completed an induction at level 3. That meets the British Psychosocial Oncology Society (BPOS) and SIGOPAC requirements.*

*Note: The term 'Health Professional' as used in the definitions of levels 1 and 2, implies a professional in a discipline other than the counselling/psychiatry/psychology/psychotherapy disciplines themselves, since it is assumed that basic qualification in these disciplines would exempt a practitioner from level 2 training.*

## Appendix B: Resource by service

Locations	Provider	Name of service	Team or lone ?	L4 Approx paid sessions	L3 Approx paid sessions	Approx L3&4 unpaid	Total all L3&4
Barnet Enfield & Haringey	Barnet Enfield & Haringey Mental Health Trust	Liaison Psychiatry (with some psychology input)	Team	1			1.0
City & Hackney	Homerton	Clinical Psychology in Cancer & Palliative Care	Lone	6			6.0
Enfield	North London Hospice	North London Hospice	Team	4		7.5	11.5
Hackney	St Joseph's Hospice	Psychological Therapies Team	Team		16	22.5	38.5
Hampstead	Marie Curie Hospice, Hampstead	Marie Curie Hospice, Hampstead	Team		21	10.5	31.5
Havering-atte-Bower	St Francis Hospice	Psychological Therapies Team	Team		10	22.5	32.5
Hendon	Chai Cancer Care	Chai Cancer Care	Team		30		30.0
Legacy BLT sites	Barts Health	Cancer Psychological Services - Barts Health (legacy BLT)	Team	23	4	1.3	28.3
Legacy BLT sites (Barts only)	Homerton	Clinical Psychology in Cancer & Palliative Care	Lone	4			4.0
Newham hosp, Vicarage Lane, DV	East London Foundation Trust	Newham Palliative Care / Cancer Psychology Service	Team	17			17.0
Newham, Mannor Park, DV	CYANA - Cancer You Are Not Alone (registered charity)	CYANA - Cancer You Are Not Alone	Team		18		18.0
Queens (Romford) & King George (Goodmayes)	NELFT ( in partnership with BHRUT Health Trust)	Clinical Health Psychological Service	Team	16	4	12.0	32.0
Royal Free Hospital	Royal Free	Solid Tumours incl neuro-endocrine	Team		9		9.0
Royal Free Hospital	Royal Free	Haematology Counselling Service	Team		9		9.0
Royal Free Hospital	Royal Free	Dept of Burns, Plastic & Reconstructive Surgery	Team	4		3.0	7.0
Royal Free Hospital & community	Royal Free	Palliative Care Team	Lone	4			4.0
Tower Hamlets DV & acute, St Josephs,	Barts Health	Tower Hamlets EoLC Psychology Service	Lone	8			8.0
UCH	UCLH	Psychological care general oncology	Team	15	8	4.0	27.0
UCH	UCLH	UCLH Gynaecological cancer centre	Team	16			16.0
UCH	UCLH	Haematology Counselling Service	Team		11		11.0
Whipps Cross Leytonston	Barts Health	Margaret Centre - Psychological Support Service	Team		20	33.8	53.8
Whipps Cross Leytonston	NELFT	Clinical Health Psychological Service	Team	2			2.0
Whittington Hospital	Camden and Islington NHS Foundation Trust provide Clinical Health Psychology Services to Whittington Health via SLA	Psychological Service to Oncology, Whittington Health	Lone	3			3.0
North Middlesex University Hospital	Helen Rollason Cancer Charity	Helen Rollason Cancer Support Centre	Team		3		3.0
The Rivers hospital, Sawbridgeworth	Helen Rollason Cancer Charity	Helen Rollason Cancer Support Centre	Lone		2		2.0
Rochelle House, Chelmsford	Helen Rollason Cancer Charity	Helen Rollason Cancer Support Centre	Team			3.8	3.8
			<b>Total 1.0 wte</b>	<b>12.3</b>	<b>16.5</b>	<b>12.075</b>	<b>40.875</b>

## Appendix C: Referral routes by service ('in house')

Locations	Provider	Name of service	Patient catchment area	Who can refer?						
				All Staff	Consultants	CNS	Other nursing staff	AHPs		
Barnet Enfield & Haringey	Barnet Enfield & Haringey Mental Health Trust	Liaison Psychiatry (with some psychology input)	Enfield, Haringey, Waltham Forest, Hertfordshire	All Staff						
City & Hackney	Homerton	Clinical Psychology in Cancer & Palliative Care	City & Hackney	All Staff						
Enfield	North London Hospice	North London Hospice	Barnet Enfield and part of Haringey		Consultants	CNS				Palliative care team at hospice
Hackney	St Joseph's Hospice	Psychological Therapies Team	city and Hackney, Newham and Tower Hamlets	All Staff						
Hampstead	Marie Curie Hospice, Hampstead	Marie Curie Hospice, Hampstead	Haringey, Camden, Islington, Brent, Barnet, Enfield	All Staff						
Havering-atte-Bower	St Francis Hospice	Psychological Therapies Team	Redbridge, Havering, Brentwood, barking and Dagenham. Essex	All Staff						
Hendon	Chai Cancer Care	Chai Cancer Care	Nationally across the UK	All Staff						
Legacy BLT sites	Barts Health	Cancer Psychological Services - Barts Health (legacy BLT)	Mostly Inner North east London (Tower Hamlets, Newham, City & Hackney) but also any inpatients in legacy BLT	All Staff						
Legacy BLT sites (Barts only)	Homerton	Clinical Psychology in Cancer & Palliative Care	City & Hackney only	All Staff						
Newham hosp, Vicarage Lane, DV	East London Foundation Trust	Newham Palliative Care / Cancer Psychology Service	Newham	All Staff						
Newham, Mannor Park, DV	CYANA - Cancer You Are Not Alone (registered charity)	CYANA - Cancer You Are Not Alone	London Borough of Newham	All Staff						
Queens (Romford) & King George (Goodmayes)	NELFT (in partnership with BHRUT Health Trust)	Clinical Health Psychological Service	Outer North East London: London Boroughs of Barking, Havering and Redbridge.	All Staff						
Royal Free Hospital	Royal Free	Solid Tumours incl neuro-endocrine	Camden, Islington, Barnet, Haringey, Enfield, Hertfordshire and further afield for some cancer as we are national and regional centres for some specialist cancer e.g. Neuroendocrine tumours.		Consultants	CNSs	Other nursing staff	AHPs		Macmillan information service, Benefits advisors, Complementary therapies team
Royal Free Hospital	Royal Free	Haematology Counselling Service	Camden, Barnet	All Staff						
Royal Free Hospital	Royal Free	Dept of Burns, Plastic & Reconstructive Surgery	NCL region and at times Hertfordshire	All Staff						
Royal Free Hospital & community	Royal Free	Palliative Care Team	North Camden	All Staff						
Tower Hamlets DV & acute, St Josephs,	Barts Health	Tower Hamlets EoLC Psychology Service	Tower Hamlets	All Staff						

Locations	Provider	Name of service	Patient catchment area	Who can refer?					
					Consultants	CNSs	Other nursing staff	AHPs	
UCH	UCLH	Psychological care general oncology	Treated at UCLH		Consultants	CNSs	Other nursing staff	AHPs	Macmillan support staff.
UCH	UCLH	UCLH Gynaecological cancer centre	previous NCL Network	All Staff					only gyn onc and familial cancer (genetic risk)
UCH	UCLH	Haematology Counselling Service	Cancer patients and their families/carers - as a specialist centre patients attend from throughout inner and outer London and Hertfordshire, Essex and from a wider geographical area as appropriate.		Consultants	CNSs	Other nursing staff	AHPs	Macmillan Support Team, Complementary Therapy Team, Palliative Care Team
Whipps Cross Leytonston	Barts Health	Margaret Centre - Psychological Support Service	Waltham Forest, parts of Redbridge, parts of West Essex	All Staff					
Whipps Cross Leytonston	NELFT	Clinical Health Psychological Service	Waltham Forest						Currently out patient chemotherapy
Whittington Hospital	Camden and Islington NHS Foundation Trust who provide Clinical Health Psychology Services to Whittington Health via a Service level agreement	Psychological Service to Oncology, Whittington Health	Islington, Camden. Haringey and Barnet	All Staff					All staff within the Oncology service
North Middlesex University Hospital	Helen Rollason Cancer Charity	Helen Rollason Cancer Support Centre	No limitation	All Staff					Self
The Rivers hospital, Sawbridgeworth	Helen Rollason Cancer Charity	Helen Rollason Cancer Support Centre	No limitation but 5 miles from Princess Alexandra Hospital in Harlow	All Staff					Self
Rochelle House, Chelmsford	Helen Rollason Cancer Charity	Helen Rollason Cancer Support Centre	No limitation but 22 miles from Princess Alexandra Hospital in Harlow	All Staff					Self



## Appendix D: Referral routes by service (external)

Locations	Provider	Name of service	Who outside your organisation can refer to your services?			
				Other		
Barnet Enfield & Haringey	Barnet Enfield & Haringey Mental Health Trust	Liaison Psychiatry (with some psychology input)		Other		Majority of referrals come from North Middlesex University Hospital staff
City & Hackney	Homerton	Clinical Psychology in Cancer & Palliative Care	GPs	Other		Community Palliative Care team
Enfield	North London Hospice	North London Hospice	GPs			
Hackney	St Joseph's Hospice	Psychological Therapies Team	GPs	Other		Clinical nurse specialists, patients , community palliative care professionals
Hampstead	Marie Curie Hospice, Hampstead	Marie Curie Hospice, Hampstead			None	
Havering-atte-Bower	St Francis Hospice	Psychological Therapies Team	GPs			
Hendon	Chai Cancer Care	Chai Cancer Care	GPs	Other		self
Legacy BLT sites	Barts Health	Cancer Psychological Services - Barts Health (legacy BLT)			None	
Legacy BLT sites (Barts only)	Homerton	Clinical Psychology in Cancer & Palliative Care	GPs	Other		IAPT
Newham hosp, Vicarage Lane, DV	East London Foundation Trust	Newham Palliative Care / Cancer Psychology Service			None	
Newham, Mannor Park, DV	CYANA - Cancer You Are Not Alone (registered charity)	CYANA - Cancer You Are Not Alone	GPs	Other		Open referral - clinicians, community groups, other professionals (i.e. social services)self-referrals
Queens (Romford) & King George (Goodmayes)	NELFT ( in partnership with BHRUT Health Trust)	Clinical Health Psychological Service	GPs	Other		Macmillan service / Hospices
Royal Free Hospital	Royal Free	Solid Tumours incl neuro-endocrine	GPs	Other		Patients can self refer
Royal Free Hospital	Royal Free	Haematology Counselling Service	GPs	Other		self referral
Royal Free Hospital	Royal Free	Dept of Burns, Plastic & Reconstructive Surgery	GPs			
Royal Free Hospital & community	Royal Free	Palliative Care Team				
Tower Hamlets DV & acute, St Josephs,	Barts Health	Tower Hamlets EoLC Psychology Service		Other		Other health providers
UCH	UCLH	Psychological care general oncology	GPs	Other		Psychological care staff eg clin psychologists
UCH	UCLH	UCLH Gynaecological cancer centre	GPs			
UCH	UCLH	Haematology Counselling Service			None	

Locations	Provider	Name of service	Who outside your organisation can refer to your services?			
			GPs	Other		Health professionals, schools/colleges, some mental health services
Whipps Cross Leytonston	Barts Health	Margaret Centre - Psychological Support Service				Health professionals, schools/colleges, some mental health services
Whipps Cross Leytonston	NELFT	Clinical Health Psychological Service				
Whittington Hospital	Camden and Islington NHS Foundation Trust who provide Clinical Health Psychology Services to Whittington Health via a Service level agreement	Psychological Service to Oncology, Whittington Health			None	
North Middlesex University Hospital	Helen Rollason Cancer Charity	Helen Rollason Cancer Support Centre				
The Rivers hospital, Sawbridgeworth	Helen Rollason Cancer Charity	Helen Rollason Cancer Support Centre				
Rochelle House, Chelmsford	Helen Rollason Cancer Charity	Helen Rollason Cancer Support Centre				

## Appendix E: Delivery settings by service

Locations	Provider	Name of service	In what setting(s) does your service see patients/ clients?				
			Hospital	Hospice	Community venues	Home visits	
Barnet Enfield & Haringey	Barnet Enfield & Haringey Mental Health Trust	Liaison Psychiatry (with some psychology input)	Hospital				
City & Hackney	Homerton	Clinical Psychology in Cancer & Palliative Care	Hospital	Hospice		Home visits	
Enfield	North London Hospice	North London Hospice		Hospice			
Hackney	St Joseph's Hospice	Psychological Therapies Team		Hospice		Home visits	
Hampstead	Marie Curie Hospice, Hampstead	Marie Curie Hospice, Hampstead		Hospice			
Havering-atte-Bower	St Francis Hospice	Psychological Therapies Team		Hospice		Home visits	
Hendon	Chai Cancer Care	Chai Cancer Care				Home visits	at our centre
Legacy BLT sites	Barts Health	Cancer Psychological Services - Barts Health (legacy BLT)	Hospital				
Legacy BLT sites (Barts only)	Homerton	Clinical Psychology in Cancer & Palliative Care	Hospital				
Newham hosp, Vicarage Lane, DV	East London Foundation Trust	Newham Palliative Care / Cancer Psychology Service	Hospital	Hospice	Community venues	Home visits	
Newham, Manor Park, DV	CYANA - Cancer You Are Not Alone (registered charity)	CYANA - Cancer You Are Not Alone	Hospital	Hospice	Community venues	Home visits	also from our office in Manor Park
Queens (Romford) & King George (Goodmayes)	NELFT (in partnership with BHRUT Health Trust)	Clinical Health Psychological Service	Hospital		Community venues		
Royal Free Hospital	Royal Free	Solid Tumours incl neuro-endocrine	Hospital				
Royal Free Hospital	Royal Free	Haematology Counselling Service	Hospital				
Royal Free Hospital	Royal Free	Dept of Burns, Plastic & Reconstructive Surgery	Hospital				
Royal Free Hospital & community	Royal Free	Palliative Care Team	Hospital				
Tower Hamlets DV & acute, St Josephs,	Barts Health	Tower Hamlets EoLC Psychology Service	Hospital	Hospice	Community venues	Home visits	
UCH	UCLH	Psychological care general oncology	Hospital				
UCH	UCLH	UCLH Gynaecological cancer centre	Hospital				
UCH	UCLH	Haematology Counselling Service	Hospital				

Locations	Provider	Name of service	In what setting(s) does your service see patients/ clients?			
Whipps Cross Leytonston	Barts Health	Margaret Centre - Psychological Support Service	Hospital			
Whipps Cross Leytonston	NELFT	Clinical Health Psychological Service	Hospital			
Whittington Hospital	Camden and Islington NHS Foundation Trust who provide Clinical Health Psychology Services to Whittington Health via a Service level agreement	Psychological Service to Oncology, Whittington Health	Hospital		Community venues	Mainly see people in my office which is in a psychology department within minutes of the Whittington
North Middlesex University Hospital	Helen Rollason Cancer Charity	Helen Rollason Cancer Support Centre	Hospital			
The Rivers hospital, Sawbridgeworth	Helen Rollason Cancer Charity	Helen Rollason Cancer Support Centre	Hospital			
Rochelle House, Chelmsford	Helen Rollason Cancer Charity	Helen Rollason Cancer Support Centre			Community venues	

## Appendix F: Level 3 & 4 activities by service

Locations	Provider	Name of service	What services do you currently provide on a routine basis?						
			Consultation	Supervision	Training	1:1 and/or couples, therapeutic work	Work with families/ carers	Groups	Support to non-specialist psychological therapies (eg primary care)
Barnet Enfield & Haringey	Barnet Enfield & Haringey Mental Health Trust	Liaison Psychiatry (with some psychology input)	Yes			Yes			
City & Hackney	Homerton	Clinical Psychology in Cancer & Palliative Care	Yes	Yes	Yes	Yes	Yes		Yes
Enfield	North London Hospice	North London Hospice	Yes	Yes	Yes	Yes	Yes	Yes	
Hackney	St Joseph's Hospice	Psychological Therapies Team	Yes	Yes		Yes	Yes		
Hampstead	Marie Curie Hospice, Hampstead	Marie Curie Hospice, Hampstead		Yes	Yes	Yes	Yes	Yes	Yes
Havering-atte-Bower	St Francis Hospice	Psychological Therapies Team	Yes	Yes	Yes	Yes	Yes	Yes	Yes
Hendon	Chai Cancer Care	Chai Cancer Care	Yes	Yes	Yes	Yes	Yes	Yes	
Legacy BLT sites	Barts Health	Cancer Psychological Services - Barts Health (legacy BLT)	Yes	Yes	Yes	Yes	Yes	Yes	
Legacy BLT sites (Barts only)	Homerton	Clinical Psychology in Cancer & Palliative Care	Yes	Yes	Yes	Yes	Yes	Yes	
Newham hosp, Vicarage Lane, DV	East London Foundation Trust	Newham Palliative Care / Cancer Psychology Service	Yes	Yes	Yes	Yes	Yes	Yes	Yes
Newham, Mannor Park, DV	CYANA - Cancer You Are Not Alone (registered charity)	CYANA - Cancer You Are Not Alone				Yes	Yes	Yes	
Queens (Romford) & King George (Goodmayes)	NELFT (in partnership with BHRUT Health Trust)	Clinical Health Psychological Service	Yes	Yes	Yes	Yes	Yes	Yes	Yes
Royal Free Hospital	Royal Free	Solid Tumours incl neuro-endocrine		Yes	Yes	Yes	Yes		
Royal Free Hospital	Royal Free	Haematology Counselling Service	Yes	Yes	Yes	Yes			
Royal Free Hospital	Royal Free	Dept of Burns, Plastic & Reconstructive Surgery	Yes	Yes		Yes	Yes		
Royal Free Hospital & community	Royal Free	Palliative Care Team	Yes	Yes	Yes	Yes	Yes		

Locations	Provider	Name of service	What services do you currently provide on a routine basis?						
			Consultation	Supervision	Training	1:1 and/or couples, therapeutic work	Work with families/carers	Groups	Support to non-specialist psychological therapies (eg primary care)
Tower Hamlets DV & acute, St Josephs,	Barts Health	Tower Hamlets EoLC Psychology Service	Yes	Yes	Yes	Yes	Yes	Yes	Yes
UCH	UCLH	Psychological care general oncology	Yes	Yes	Yes	Yes	Yes	Yes	
UCH	UCLH	UCLH Gynaecological cancer centre	Yes	Yes	Yes	Yes	Yes	Yes	
UCH	UCLH	Haematology Counselling Service	Yes	Yes		Yes	Yes	Yes	
Whipps Cross Leytonston	Barts Health	Margaret Centre - Psychological Support Service	Yes	Yes	Yes	Yes	Yes	Yes	Yes
Whipps Cross Leytonston	NELFT	Clinical Health Psychological Service	Yes			Yes			
Whittington Hospital	Camden and Islington NHS Foundation Trust who provide Clinical Health Psychology Services to Whittington Health via a Service level agreement	Psychological Service to Oncology, Whittington Health	Yes	Yes	Yes	Yes			
North Middlesex University Hospital	Helen Rollason Cancer Charity	Helen Rollason Cancer Support Centre				Yes	Yes	Yes	
The Rivers hospital, Sawbridgeworth	Helen Rollason Cancer Charity	Helen Rollason Cancer Support Centre				Yes	Yes	Yes	
Rochelle House, Chelmsford	Helen Rollason Cancer Charity	Helen Rollason Cancer Support Centre				Yes	Yes	Yes	

## Appendix G: Volunteer input by service

Locations	Provider	Name of service	No. of voluntary therapists	Average hours per week per volunteer
Barnet Enfield & Haringey	Barnet Enfield & Haringey Mental Health Trust	Liaison Psychiatry (with some psychology input)		
City & Hackney	Homerton	Clinical Psychology in Cancer & Palliative Care		
Enfield	North London Hospice	North London Hospice	5	6
Hackney	St Joseph's Hospice	Psychological Therapies Team	30	3
Hampstead	Marie Curie Hospice, Hampstead	Marie Curie Hospice, Hampstead	14	3
Havering-atte-Bower	St Francis Hospice	Psychological Therapies Team	30	3
Hendon	Chai Cancer Care	Chai Cancer Care		
Legacy BLT sites	Barts Health	Cancer Psychological Services - Barts Health (legacy BLT)	1	5
Legacy BLT sites (Barts only)	Homerton	Clinical Psychology in Cancer & Palliative Care		
Newham hosp, Vicarage Lane, DV	East London Foundation Trust	Newham Palliative Care / Cancer Psychology Service		
Newham, Mannor Park, DV	CYANA - Cancer You Are Not Alone (registered charity)	CYANA - Cancer You Are Not Alone		
Queens (Romford) & King George (Goodmayes)	NELFT (in partnership with BHRUT Health Trust)	Clinical Health Psychological Service	3	16
Royal Free Hospital	Royal Free	Solid Tumours incl neuro-endocrine		
Royal Free Hospital	Royal Free	Haematology Counselling Service		
Royal Free Hospital	Royal Free	Dept of Burns, Plastic & Reconstructive Surgery	1	12
Royal Free Hospital & community	Royal Free	Palliative Care Team		
Tower Hamlets DV & acute, St Josephs,	Barts Health	Tower Hamlets EoLC Psychology Service		
UCH	UCLH	Psychological care general oncology	2	8
UCH	UCLH	UCLH Gynaecological cancer centre		
UCH	UCLH	Haematology Counselling Service		
Whipps Cross Leytonston	Barts Health	Margaret Centre - Psychological Support Service	45	3

Locations	Provider	Name of service	No. of voluntary therapists	Average hours per week per volunteer
Whipps Cross Leytonston	NELFT	Clinical Health Psychological Service		
Whittington Hospital	Camden and Islington NHS Foundation Trust who provide Clinical Health Psychology Services to Whittington Health via a Service level agreement	Psychological Service to Oncology, Whittington Health		
North Middlesex University Hospital	Helen Rollason Cancer Charity	Helen Rollason Cancer Support Centre		
The Rivers hospital, Sawbridgeworth	Helen Rollason Cancer Charity	Helen Rollason Cancer Support Centre		
Rochelle House, Chelmsford	Helen Rollason Cancer Charity	Helen Rollason Cancer Support Centre	6	2.5