

London Cancer Psychosocial Expert Reference Group

Date: **Thursday, 18 August 2016, 15:00 – 17:00**

Venue: **Meeting room 3, 3rd Floor, 170 Tottenham Court Road, London, W1T 7HA**

Chair: **Mark Barrington**

Minutes: **Clare Stevenson**

Attendees

Name	Role	Trust/Organisation
Mark Barrington (MB)	Consultant Clinical Psychologist	Barts Health
Elaine Heywood (EH)	Macmillan Counsellor	Royal Free
Liz Shaw (LS)	Consultant Clinical Psychologist	North Middlesex
Clare Stevenson (CS)	Clinical Psychologist	Homerton
Lallita Carballo (LC)	Clinical Head of the Macmillan Support and Information Service	UCH
Mary Burgess (MBu)	Consultant Clinical Psychologist	UCH
Sharon Cavanagh	Lead for Macmillan Integrated Cancer Programme,	London Cancer

Apologies

Name	Role	Trust/Organisation
Daphne Earl	Patient Representative	London Cancer
Sara McNally	Consultant Liaison Psychiatrist	RNOH
Marc Kingsley	Consultant Clinical Psychologist	NELFT
Peter Southern	Social Worker	Barts Health
Heather Munroe	Clinical Psychologist	North Middlesex
Pauline McCulloch	Lead Colorectal Nurse	Homerton
Ruth Weiner	Deputy Clinical Lead - Psychology & Health	ELFT

1. Minutes from the previous meeting & matters arising

MB welcomed members, introductions were made and apologies heard. The minutes of the last meeting were accepted as an accurate record of proceedings.

2. Review of action log

Previous Action	Owner	Date Agreed	Status
1. EH continue discussion with Ray Owen and Macmillan re funding	EH	18/08/2016	EH has dates from Ray Owen Apr, June or early Sept 2017 for 3 day ACT training. Has put in bid for £4300 for 24 participants. Should hear by Sept. Venue near RFH. Will be open to psychosocial forum members NHS practicing level 3 & 4 first, then widen out to non London Cancer
2. Look into what the company that offer Solution Focussed Therapy can offer and pass information to EH.	MB	18/08/2016	MB has quote from BRIEF for SFT training tailored to oncology. To consider for 2018 CPD. EH has the details
3. MB to change the current document on website called "Level 2 training guidelines" to "Level 2 training and supervision guidelines" and change from 4 to 6 in a group.	MB	21/04/2016	Not complete as no current support from LC for website updates. On hold MB to d/w SC
4. Present information on the UCLH work re: develop resilience for staff who care for cancer patients and their families at a future Psychosocial Forum meeting.	LC	21/04/2016	Work is progressing. See more below *
5. EH & PS to tell MB when DVD is ready, so MB can inform pathway directors meeting.	EH & PS	16-06-2016	Roll over to next mtg as not yet completed.

* UCL Project on resilience –run by Macmillan Cancer Info Centre and UCLH Occupational Health Psychologist Jacqui Finnigan. Bespoke resilience programme for medical oncologists. Have used National Stress Survey. Will feedback results to oncologists. Plan to repeat the survey for f/u. Just started with radiographers & plan to roll out to haematologists next. For more info contact LC

3. London Cancer/ TCST update

- a. IAPT work bid:
 - i. Bid was successful – 3 day p/week 8B clinical psychologist. Job advert will go out Sept
 - ii. Post will be based at TCST with Alex King providing professional supervision
 - iii. Aim – to produce a pathway for community & acute service provision & a service spec
 - iv. Will organise a series of events with stakeholders pan London
 - v. ACTION – to alert SIGOPAC to advert once is it out
- b. Oncology data:
 - i. MB met with Chris Karrigan, COO of Centre for Cancer Outcomes re use of national & local data
 - ii. Nothing currently collected re psychological morbidity or outcomes
 - iii. D/a what might be useful & feasible for us to collect or add to national data sets?
 - iv. ACTION – to invite Chris to next ERG to discuss

4. HENCEL funded LC conference

- a. LS presented conference plans. Four London Trusts involved.
- b. National training day on 1st November
- c. Morning on “innovative practice”; afternoon on “self care & resilience”
- d. Suggestions & contact names were given to LS to pass on to organisers
- e. ACTION Any other suggestions please send to LS
- f. ACTION At next psychosocial forum to ask for other ideas of still needed

5. Patient Rep themes

- a. No update

6. Work stream updates:

- a. Level 2 – Review group last met on 11 Aug. Heather Monroe leading. Plan to try to have new training pack finished by start of 2017.
- b. DVDs –work in progress. DVD for Parents - hopes to be finished by end Oct. Carers DVD for doctors – by end of year.

- c. ACTION roll over – need to advertise & inform pathway boards about DVD to ensure they are used & that rest of *London Cancer* are aware of our work. EH & PS Please tell MB when DVD is ready to inform pathway directors meeting.
- d. CPD – action logs

7. LWBC update

- a. SC presented update on recovery package.
- b. They have 18 months data on HNA now – in discussions with Macmillan re analysing data.
- c. Stratified follow up & treatment summaries - Local discussions in process re implementation. Looking at Primary care leading this. Issues with GP training & IT systems.
- d. There is a LWBC ERG now. Have had 2 meetings to date.
- e. More detail speak to SC

ACTION LOG

Action	Owner	Date Agreed	Status
1. Alert SIGOPAC once TSCT 8b advert is out	MB		
2. Invite Chris Kerrigan to next ERG to discuss	MB		
3. LS to send suggestions to HENCEL conference organisers Any other suggestions for HENCEL conference send to please send to LS At next psychosocial forum to ask for other ideas of still needed	LS ALL LS		
4. EH & PS to tell MB when DVD is ready, so MB can inform pathway directors meeting.	EH & PS	When DVD finished	

Next meeting: Thursday 20th October 2016, 3-5pm, Room 1