

London Cancer Psychosocial ERG

Date: **Thursday, 25 February 2016, 15:00 – 17:00**

Venue: **Meeting room 2, 3rd Floor, 170 Tottenham Court Road, London, W1T 7HA**

Chair: **Mark Barrington**

Minutes: **Peter Southern**

ATTENDEES

Name	Role	Trust/Organisation
Daphne Earl (DE)	Patient Representative	Patient Representative
Elaine Heywood (EH)	Macmillan Counsellor and Information Officer	Royal Free
Heather Munro (HM)	Clinical Psychologist	North Middlesex
Marc Kingsley (MK)	Consultant Clinical Psychologist	NELFT
Maresa	Intern observer	<i>London Cancer</i>
Mark Barrington (MB)	Consultant Clinical Psychologist	Barts Health
Peter Southern	Social Worker	Barts Health
Sara McNally (SM)	Consultant Liaison Psychiatrist	RNOH
Sharon Cavanagh (SC)	Macmillan Living with and Beyond Cancer and AHP Lead,	<i>London Cancer</i>
Sue Gessler (SG)	Consultant Clinical Psychologist	UCLH

1. Minutes from the previous meeting & matters arising

MB welcomed members of the group, introductions were made and apologies heard. The minutes of the last meeting were accepted as an accurate record of proceedings.

2. Review of action log

Actions from the previous meeting were reviewed. See the Action Log for actions that will carry over from the previous meeting. Further information coming from the action review is as follows:

MB noted that Alison Hill would be pleased to have Pauline McCulloch join the Nursing ERG.

EH to speak with Macmillan regarding possibility of group funding for education. Also to ask people what kind of event would be helpful. Ray Owen's application of ACT in palliative care was mentioned as an example.

MB fed back on attending nursing ERG to discuss implementation of increasing Level 2 supervision group sizes (from 4 to 6 attendees). Ideas yet to be agreed by the wider nursing ERG included:

- The need for a standardised spreadsheet to allow lead nurses to monitor attendance.
- Incorporating Level 2 requirements into CNS JDs and Job plans
- Considering how attendance at supervision may be used to support re-accreditation.

ACTION:

- EH to speak with Macmillan regarding possibility of group funding for education.
- EH to ask people what kind of educational event would be helpful.

3. London Cancer / LCA / TCST update

MB updated the group on the Vanguard. MB noted that there was still uncertainty regarding some specifics and agreed to feedback (either himself or invite a guest speaker) at the next ERG.

MB noted that Sahil Sulman and he had been involved in a new TCST workstream relating to waiting time breaches. Commissioning support is keen to understand what the psychological impact of this might be. MB explained that he was trying to get academic input to the group and there was interest in seeing whether a doctoral trainee or Phd student might be interested in conducting relevant research. MK noted that students pursuing Health psychology masters may also be worth considering. SG highlighted issues with getting doctoral trainees to deliver research in a relatively short time period.

MB reported attendance at the first meeting of another 'start and finish' TCST group. This will be concerned with progressing the recommendations from the 2015 Pan-London commissioning guidelines for psychological care in cancer. Alex King is representing the region previously covered by the LCA. MB noted that there has been interest expressed by Macmillan in supporting work to help improve community-based provision of psychological care.

Having previously worked within the LCA region, HM provided some background about how peers in the other London ICS had operated. This tended to involve small working groups but no regular overarching meeting. HM noted that there had been some LCA guidelines relating to Level 2 supervision and said she we try to access and circulate them.

ACTION:

- MB to provide further information relating to the Vanguard at the next ERG
- MB to provide feedback on both TCST work groups
- HM to circulate LCA Level 2 supervision guidelines

4. ERG representation

MB welcomed MK and HM as new members of the ERG representing provision in BHRUT and North Middlesex (HM and Elizabeth Shaw to jointly represent North Middlesex). Ruth Weiner from Newham was unable to attend today but it is hoped that she may join the next meeting. As Sahil Sulman and Justin Grayer are moving on to new jobs (either outside the LC region or to other specialties) it was noted that they were leaving the ERG. The group expressed its thanks for all the work they had done and wished them well for the future.

5. Patient representation themes

No additions

6. Workstream plans

PS reported on progress with 'Children's DVD' work outlining collaboration with Cancer Clouds and STJH.

MB noted that the IAPT Workstream is on hold as we are hoping to apply for Macmillan funding to support this as a pan-London venture. MK raised concerns that were shared by all present about the way in which the IAPT model is being promoted as appropriate for palliative care patients. MK agreed to write a draft paper summarising the needs of this patient group and then circulate it to the ERG for review and endorsement.

Attendees from the 'Level 2 training review' Workstream (MH, MB & SM) reported on their first meeting. Date for next meeting to be set by Justin Grayer. Agreement that he and MB would present some material based on ideas from the initial meeting.

ACTION:

- MK to circulate draft paper summarising the needs of palliative care patients, highlighting where a standard IAPT approach is unsuitable.

7. E-HNA feedback

SC provided feedback to the group on the extent to which E-HNA is being used and some summary data relating to the concerns checklist .

8. AOB

SM provided information relating to the Macmillan Mental Health and Cancer Task Workforce. On the 2nd April there is due to be an engagement event for people who have both cancer and mental health diagnoses.

ACTION:

- SM to provide feedback but if she is unable to attend, she will let the group know should someone else wish to go in her place.

9. Next Meeting

Thursday 21 April, 15:00-17:00, Meeting Room 3, 3rd Floor, 170 Tottenham Court Road, W1T 7HA

ACTION LOG

Action	Owner	Date Agreed	Status
EH to speak with Macmillan regarding possibility of group funding for education.	EH	25.02.2016	
EH to ask people what kind of educational event would be helpful.	EH	25.02.2016	
MB to provide further information relating to the Vanguard at the next ERG	MB	25.02.2016	
MB to provide feedback on both TCST work groups	MB	25.02.2016	
EH to ask people what kind of educational event would be helpful.	EH	25.02.2016	
HM to circulate LCA Level 2 supervision guidelines	HM	25.02.2016	
MK to circulate draft paper summarising the needs of palliative care patients highlighting where a standard IAPT approach is unsuitable.	MK	25.02.2016	
SM to provide feedback on the Macmillan Mental Health and Cancer Task Workforce event. However, if she is unable to attend, she will let the group know should someone else wish to go in her place.	SM	25.02.2016	