

Meeting of the *London Cancer* Psychosocial Expert Reference Group

Date: **Thursday 19th October 2017, 15:00-17:00**

Venue: 47 Wimpole Street, Basement Meeting Room, London, W1G 8SE

Chair: Mark Barrington

Minutes: Roxanne Payne

1. Welcome and Minutes from the previous meeting & matters arising

MB welcomed members and apologies were heard. The minutes of the last meeting were accepted as an accurate record of proceedings.

2. Review of action log:

Action status was updated as follows:

Action	Owner	Status
SC to circulate the different versions (depending on tumour type) of the QoL tool	SC	Ongoing
SC to circulate HWBE guidelines	SC	Done
MK to contact the ERG letting them know that he is collating links/references to literature available regarding fear of recurrence. Once collated, MK will distribute to the group	MK	Ongoing
MB to email ERG to identify leadership for workstreams 1 and 3	MB	Ongoing
MB to email Forum to invite participation in the new workstreams	MB	Ongoing
Workstream leads to convene initial meeting of their groups to establish provisional plans	Leads	Ongoing

3. London Cancer / UCLH Cancer Collaborative update

Discussion points:

- SC informed the group that unfortunately the bid for Cancer Transformation Funding has been unsuccessful. The reason for this is because the London region is not yet compliant with the 62 day wait trajectories. Nick Kirby, Nicola Hunt and David Cheesman are currently working on a response to NHS England. Discussions will also take place with Macmillan as they may be interested in funding some parts of the bid.

- On a more positive note the successful bid to participate as a pilot site for a Quality of Life Metric is underway. The first steering group meeting will take place tomorrow to discuss implementation and recruitment of a Project Support Manager who will work across sites.
- The Macmillan Integrated Cancer Programme (MICa) has had its funding confirmed until March 2019.
- The UCLH Cancer Collaborative will become a Cancer Alliance in April 2018.

4. Patient representation themes

Discussion points:

None

5. Outcome measure usage – Review Feedback

Discussion points:

- CD discussed the Hospital Anxiety and Depression Scale (HADS) audit. CD had asked acute trusts to keep a record over 3 months (April-June 2017) of how many patients received HADS at first, fourth and last appointments. The results have been difficult to interpret as trusts have established different ways of collecting information and there is a lot of missing data. For example; the amount of HADS completed at first appointment is significantly higher than those recorded at the last appointment. It was agreed that a meeting should be held to review future approaches to outcome measurement

ACTION:

- CD to arrange one-off meeting to discuss collection methods of HADS recording

6. Level 2 Training update

Discussion points:

- So far one Level 2 Training day has been delivered at UCH, 15 CNS’s attended and feedback was good. Two more training days are planned next month. These will have BHRUT and RFH observers present.
- Three familiarisation events have taken place and the feedback has been positive.
- MB explained that when full training information is added to dropbox all relevant supporting documents will be embedded into the appendix.

ACTION:

- MB to forward supporting documents to MK

7. 2017/18 workstream plans

Workstream	Description
1. Quantify impact of Psychosocial workstreams	Collate data relating to the impact/outcome of past workstreams. Review data to inform on-going and future plans
2. Widen access to the 2017 video promoting better communication with children affected by cancer	Identify funding and then direct and oversee the production of non-English language versions of the video

<p>3. Extend the depth and breadth of Level 2 CPD</p>	<p>Agree on a standard format for the new 'crib sheet' templates that will be used by facilitators during <i>Clinical Discussion Groups</i></p> <p>Oversee the collection of crib sheets developed by the Level 2 facilitators across London Cancer</p> <p>Ensure that system level processes to support the delivery of Level 2 training/CDGs are in place (including a mechanism for evaluating the new crib sheets)</p>
<p>4. Promote and support the implementation of the pan-London Psychological Care Pathway</p>	<p>Continue to support the Macmillan Mental Health Clinical Lead in producing a pan-London pathway / service specification</p> <p>In 2018, work with Macmillan, TCST, commissioners and providers to promote the development.</p>

Discussion points:

- Workstream 1 – This includes the work CD has been doing regarding outcome measures. MB is collating wider information; some totals are easier than others to define - such as how many people have attended training events.
- Workstream 2 – PS will work to identify funding to translate this short film into different languages. The comic version has proved very popular and there is funding to produce another 400 copies of this, after which additional funding will need to be sought. The film has been nominated for a Halo award.
- Workstream 3 – PM and EH will lead on this workstream. PM discussed some ideas she has had including crib sheets explaining HNA's, training on telephone skills and encouraging self-care and mindfulness.
- Workstream 4 – TCST held a Psychological support for cancer consultation event on Wednesday 11th October that was well attended. MB would like to invite Philippa Hyman from TCST to come and talk at the next Psychosocial ERG to give an update the project.

ACTION:

- Ask Philippa Hyman to attend the December Psychosocial ERG Meeting

8. AOB

Discussion points:

- SC informed the group that LWBC Master classes are currently taking place as part of a yearlong GP Fellowship, there are four GP's taking part in London. One of the points that came up is how GP's don't feel confident in dealing with and talking about cancer with patients. The group agreed that it would be a good idea for someone from the psychosocial team to go and speak to the GP's in one of the future master classes. SC will take this back to them to discuss.

Next Meeting

Thursday 14th Dec 3-5pm - 47 Wimpole Street, Meeting Room, Basement, W1G 8SE

ACTION LOG

Action	Owner	Status
MK to contact the ERG letting them know that he is collating links/references to literature available regarding fear of recurrence. Once collated, MK will distribute to the group	MK	
Arrange one-off meeting to discuss collection methods of HADS recording	CD	
MB to forward supporting documents to MK	MB	
Ask Philippa Hyman to attend the December Psychosocial ERG Meeting	MB	

Attendees

Name	Role	Trust/Organisation
Caroline Dancyger	Clinical Psychologist	Barts
Clare Stevenson	Clinical Psychologist in Cancer Care	Homerton
Daphne Earl	Patient Representative	
Marc Kingsley	Consultant Clinical Psychologist	NELFT/BHRUT
Mark Barrington	Consultant Clinical Psychologist	Barts
Pauline McCulloch	Lead Colorectal Nurse	Homerton
Pete Southern	Palliative Care Social Worker	Barts
Roxanne Payne	Project Coordinator	UCLH CC
Sharon Cavanagh	Programme Lead for LWBC and MICa	UCLH CC

Apologies

Name	Role	Trust/Organisation
Heather Munro	North Middlesex Hospital	<i>Apologies</i>
Elizabeth Shaw	North Middlesex Hospital	<i>Apologies</i>
Elaine Heywood	Royal Free	<i>Apologies</i>
Sue Gessler	UCLH	<i>Apologies</i>
Mary Burgess	UCLH	<i>Apologies</i>