

London Cancer Rehabilitation Expert Reference Group Annual Report 2016-17

Introduction

London Cancer is the integrated cancer provider system formed in 2012 to cover the geographical areas of North Central and East London and West Essex, population of 3.7 million.

London Cancer was embedded within the newly formed UCLH Cancer Collaborative in September 2016, as one of six key work programmes.

London Cancer includes Tumour Pathway Boards and Expert Reference Groups led by a Clinical Director. The purpose of the Rehabilitation Expert Reference Group is to be the primary source of clinical advice regarding rehabilitation to Tumour Pathway Boards, other Expert Reference Groups and the UCLH Cancer Collaborative Board which includes commissioning representation.



The ERG's membership includes multi-disciplinary representation from cancer specialist Allied Health Professionals across the region and active participation from primary care and patients. The ERG has a duty to promote equality of access, choice and quality of care for all patients within *London Cancer*, irrespective of their individual circumstances. The Rehabilitation ERG also works with cancer commissioners to provide expert opinion on the design of any commissioning pathways, metrics and specifications.

As in previous years, the ERG has delivered on a range of developments to enhance the provision of high quality rehabilitation across the Collaborative.

Achievements this year

2016/17 has seen the Rehabilitation Expert Reference Group become part of the newly formed UCLH Cancer Collaborative. Working as part of the national Cancer Vanguard within the New Care Models programme of NHS England provided an impetus and opportunity to extend joint working locally and nationally.

Key achievements over the year have included:

- Information regarding all of the physical activity programmes open to individuals with cancer mapped and loaded onto our service directory <http://londoncancer.org/our-work/whole-pathway-improvement/directory-of-services/>
- Identified pan-London rehabilitation priorities and escalated these to the Cancer Commissioning Board for assistance in addressing
- Breast Lymphoedema audit conducted to determine numbers of individuals presenting with lymphoedema symptoms, severity of symptoms at first presentation and information regarding referral pathways. This is first step in a multi-tumour audit (head and neck, colorectal, urology, gynae., sarcoma, skin). This information will assist us to improve patient experience and outcomes

by identifying any gaps in lymphoedema service provision or informing us where pressures exist on current lymphoedema services within our *London Cancer* footprint

Patient representation

The Rehabilitation ERG has benefited greatly from the knowledge and guidance provided through patient representation. We currently have vacancies for 2 patient representatives and are in the process of addressing this at present.

Future plans

In 2017/18 we will build on past and current projects:

No	Objective	Owner	By
1	Embed physical activity into cancer pathways	Chair	Sept 2018
2	Embed rehabilitation into cancer pathways	Chair	Sept 2018
3	Consequences of Treatment – Improve Access to Services	Chair	Sept 2018
4	Promote and support the implementation of the pan-London minimum dataset for rehabilitation	Chair	Jan 2018

Acknowledgements

We would like to thank all the members of the Rehabilitation ERG for contributing their time to improving the quality of care within the Collaborative. We would also like to acknowledge the active role that our former patient representative, Lizzie Crisp, has had with our ERG over the years.