

Meeting of the *London Cancer* Rehabilitation Expert Reference Group

Date: **April 25th 2017, 15:00-16:30**

Venue: **47 Wimpole Street, Basement Conference Room, W1G 8SE**

Chair: **Sharon Cavanagh ERG Chair**

1. Introductions, Apologies and review of action points from last meeting

SC welcomed members of the ERG and introductions were made.

SC read out apologies. The minutes of the last meeting were accepted.

2. *London Cancer* update: Vanguard and Macmillan Integrated Cancer Programme (SC)

A number of staffing changes have occurred within the UCLH Cancer Collaborative. They are as follows:

- A Programme Lead has been recruited for The Cancer Academy, Holly Nephews. Holly will be starting in June 2017
- Donna Chung has been recruited as Lead of the Centre for Cancer Outcomes. There are exciting MDT dashboards being created that will reports metrics for each tumour. SC encouraged the group to think about cross-cutting metrics that would be useful to collect from a rehabilitation point of view.
- Zereen Rahman-Jennings is now in post as Macmillan Patient Experience and User Involvement Lead. Zereen is currently visiting trusts to familiarise herself with the work that is being conducted to support improving patient experience across our geography.

ACTION:

- Group to send feedback to SC re. potential rehabilitation metrics for inclusion within MDT dashboards.

3. TCST Rehabilitation Update (KR)

Karen Robb provided an update on the work that she is currently conducting within her role at Transforming Cancer Service for London. Highlights include currently working on development of Rehabilitation Commissioning guidance. Initial scoping conducted and report available on Healthy Living Partnership website via the following link:

<https://www.healthylondon.org/sites/default/files/Cancer%20rehabilitation%20-%20a%20scoping%20report%20for%20london.pdf>

A Rehabilitation Steering Committee has been convened to support Karen in this piece of work. Next meeting in June and will focus on data and the challenges of collecting good quality data on rehabilitation services. There is a public health data analyst on the committee who is keen to have a couple of clinicians within the steering group to work closely with and arrange visits to see how data is currently captured. There is currently no pan-London data captured for rehabilitation and as a group it would be helpful to collate suggestions of effective databases for rehab that can be used as a proxy to form a narrative i.e. HNA data from Macmillan. The second big agenda item for the group is to create a benchmarking tool to audit services with a workforce algorithm to look at how best to calculate the workforce for rehabilitation services.

KR spoke about a current vacancy for a Band 7 Project Facilitator that will have a remit to support her work This is a 1 year post.

4. Pan-London Commissioning Priorities for London – Rehabilitation developments (SC/All)

SC gave an update on progress with escalating the Pan-London cancer rehabilitation priorities to the London Cancer Commissioning Board (CCB). Across London, provision of high quality rehabilitation is a priority being led within the Living with and Beyond Cancer agendas by LWBC Leads in each of the cancer vanguards/alliance: UCLH Cancer Collaborative, RM Partners, SEL Cancer Alliance.

The priority areas for Cancer Rehabilitation have been scoped and identified by the two Rehabilitation ERGs in London (NCEL and SWL) and were presented to the Cancer Commissioning Board in February 2017. The priorities are:

1. Commissioning and provision of community rehabilitation
2. Commissioning/provision of prerehabilitation
3. Embedding champions for rehabilitation within each STP footprint

SC and KR have written a paper to outline these priorities and present to the CCB. Paper to be completed and submitted by the end of this week.

5. Cancer Transformation Fund Alliance Bid (SC)

SC presented a summary of the pan-London Recovery Package (RP) and Stratified Follow-up Cancer Transformation Fund (TF) bids. Within the bids, UCLH Cancer Collaborative is taking a leadership role for the Recovery Package and RM Partners for stratified follow-up.

SC explained that the Recovery package project specific ambitions to be achieved Pan-London by 2020 are;

- 70% of patients will receive a HNA and Care plan within 31 days of decision to treat
- 70% of patients will receive a HNA and Care Plan within 6 weeks at end of treatment
- 70% of patients will receive a Treatment Summary at end of treatment
- 70% of patients will attend a Health and Well-Being Event

The Stratified Follow-up project specific ambitions to be achieved Pan-London by 2020 are;

- 70% of eligible breast patients will be transferred to a supported self-management pathway
- 40% of eligible prostate patients will be transferred to a supported self-management pathway
- 40% of eligible colorectal patients will be transferred to a supported self-management pathway
- Embed six nurses in community hubs to support MDT patients returning home on stratified follow up pathway

The final proposal for the £7.6 million bid was submitted on 24th February. SC explained that we have been informed that we have been successful with the bids and were due to commence on 1st April 2017. However, confirmation of funding amount is pending.

ACTION:

- Circulate 'Cancer Rehabilitation Pan London Update' presentation

6. Workplan

SC discussed workplan updates including;

Embedding physical activity into cancer pathways

- Call for physical activity patient information has been sent to all trusts
- Review of innovative practices in other local/national sites

Embedding rehabilitation into cancer pathways –

- Presented rehabilitation priorities to CCB on 28th April.

Consequences of Treatment – Improving Access to Services

- Breast Lymphoedema audit conducted to determine numbers of individuals presenting with lymphoedema symptoms, severity of symptoms at first presentation and information regarding referral pathways. This is first step in a multi-tumour audit to improve patient experience and outcomes by identifying any gaps in lymphoedema service provision or informing us where pressures exist on current lymphoedema services within our *London Cancer* footprint. The next audits underway are skin (melanoma) and head and neck.

ACTION:

- Distribute April 2017 Workplan

7. Service Updates

Barts (LF)

The Specialist Neuro-Rehab inpatient service at St Barts site has now recruited a Band 7 Physio (Joanne Wade) starting on 12th June and Band 7 OT (Tara Lacey) starting on 3rd July. A rehabilitation support worker will be recruited after the service begins in August. The service, which is funded by Macmillan, will provide intense specialist OT/PT rehab to patients with a complex neurological presentation linked to their cancer diagnosis or side effects to treatment. There will be 5 beds for inpatients already at Barts whilst also looking into community outreach to depending on the needs of some of the patients. The aim is to collect data on outcome measures, quality of life, patient experience and length of stay.

LF discussed an upcoming MSCC audit (developed by the AOS ERG) which is due to start to September within all *London Cancer* trusts. SC will obtain latest draft and circulate for comment.

UCLH (OM)

OM updated the group on a pending bid that has been drafted for outpatient therapy posts (Band 6 OT, Band 7 Physio & Band 3 Administrator). The bid has been developed as there is currently no outpatient therapy provision for cancer patients. Alison Hill has arranged a meeting between the therapies service staff and UCLH CEO Marcel Levi on 9th May to discuss key AHP priorities.

OM also discussed an All-Party Parliamentary Group on Blood Cancer that raises awareness and promotes the needs of blood cancer patients who have launched an inquiry into blood cancer care in the NHS. The APPG has invited written evidence from stakeholders and individuals with expertise in, or experience of,

blood cancer via an online form. OM will complete this form ensuring that the needs of rehabilitation are included. The deadline is 27th April.

National Hospital for Neurology and Neurosurgery (KDA)

KDA informed the group that surgical beds will be increasing from 12 to 26 in September 2017. Louise Platt, Therapy Services Manager, has submitted a bid for a Band 6 OT, Band 6 PT and Band 6 Rehabilitation Assistant to ensure that therapy provision is increased to support this significant change. Work is also being conducted to collect data to support a bid for an additional psychological support post to meet the demands of the service

Royal Free Hospital (COH)

COH explained that they are currently in talks with Macmillan to create a business case for recruitment of a Band 4 TA, Band 6 inpatient Physio and Band 7 Physio to deliver inpatient oncology services. Funding from Macmillan is required to increase the Physio services on wards.

Royal National Orthopaedic Hospital (JR)

RNOH large-scale redevelopment is well underway and will be completed in 2018. The new development will have new wards, gyms on each floor and Consultant Therapists. There is 1 Band 6 OT and 1 Band 7 Physiotherapist vacancy at present – both out to advert. Psychology services are keen to be involved with cancer services and have started to provide sessions to cancer patients – this has been positively received by patients.

St Joseph’s Hospice (RT)

RT explained that there are extensive therapy services available at SJH with 12 AHP’s providing palliative rehab to patients within the boroughs of Hackney and City and Tower Hamlets. RT is keen to make more GP’s & Trust and community AHP’s aware of their rehabilitation facilities as they are not used to their full capacity at present. In addition to therapy services, they also have an empowered living team, and provide self-management and pain management programmes. St Joseph’s Hospice accepts direct referrals for inpatients/outpatients as well as self-referrals. RT opened it up to the group to feedback any ideas to support engagement in SJH rehab facilities.

ACTION:

- SC will obtain the AOS ERG MSCC audit and circulate to the group for feedback.
- Collect feedback on ideas to support increase referral uptake to therapy services at St Joseph’s Hospice

8. AOB

- AHP Mapping Database has been updated and will be sent out to the group. Please send any further amendments to Roxanne Payne (Email: roxanne.payne@nhs.net).
- A Breast Cancer Lymphoedema Study Day is taking place on Thursday 11th May 2017 at the UCLH Education Centre. This study day will be focussed on an update for Breast Cancer CNSs but AHPs welcome. If ERG members are interested in attending, please contact Kay Eaton, Nurse Consultant, Cancer and Supportive Care UCLH (kay.eaton@uclh.nhs.uk).

ACTION:

- RP to circulate AHP Mapping Database for comment.
- RP to distribute details of Breast Related Lymphoedema Study Day

Next Meeting: Weds 5th July 2017, 15:00 – 16:30 at Ground Floor Central Meeting Room, 250 Euston Road, London, NW1 2PG.

ACTION LOG

Action	Owner	Date Agreed	Status
Group to send feedback to SC re. potential rehabilitation metrics for inclusion within MDT dashboards.	All	25.04.17	
Circulate 'Cancer Rehabilitation Pan London Update' presentation	SC	25.04.17	Done – 05.06.17
Distribute April 2017 Rehabilitation ERG Workplan	SC	25.04.17	Done – 05.06.17
SC will obtain the AOS ERG MSCC audit and circulate to the group for feedback.	SC	25.04.17	
Collect feedback on ideas to support engagement in SJH Rehab facilities	All	25.04.17	
Distribute AHP Mapping Database	RP	25.04.17	Done - 27.04.17
Distribute details of Breast Related Lymphoedema Study Day	RP	25.04.17	Done - 27.04.17

Attendees

Name	Role	Trust/Organisation
Sharon Cavanagh (SC)	Living With and Beyond Cancer and AHP Lead	London Cancer/UCLH
Karen Robb (KR)	Macmillan Rehabilitation Team Lead	TCST
Joshna Hirani (JH)	Macmillan Orthopaedic Oncology OT	RNOH
Lindsay Farthing (LF)	Clinical Lead for Oncology Therapies	Barts Health
Orla McCourt (OM)	Team Lead Physiotherapist	UCLH
Katie De Albuquerque (KDA)	Specialist Physiotherapist	UCLH
Louise Platt (LP)	Team Lead Therapy Neurosurgery	UCLH
Claire O' Herlihy (CO)	Highly Specialist Oncology Occupational Therapist	Royal Free
Rebecca Tiberini (RT)	Therapies Service Manager	St Joseph's Hospice
Roxanne Payne (RP)	Project Co-ordinator	London Cancer/UCLH

Apologies

Name	Role	Trust/Organisation
Diana Markham	Site Lead for Dietetics	Barts
Jayne Morton	Macmillan Specialist Palliative OT	Whittington
Carla Zanichelli	Lymphoedema Physiotherapy	UCLH
Kassie Montanheiro	Haematology and Oncology Dietician	UCLH
Karen Turner	Service Lead for the Oncology Therapy Team	Royal Free
Jennifer Gilbert	Lymphoedema CNS	UCLH
Fiona Kelly	Head of Adult Therapies	Homerton
Carla Zanichelli	Lymphoedema Physiotherapist	UCLH
Teresa Hill	Lymphoedema Nurse Consultant	NHS Enfield
Catherine Thomas	CNS - Palliative Care	North Mid
Freya Hickey	Clinical Lead Speech and Language Therapist	Barts
Melissa Millman	Specialist Physiotherapist	Homerton