

Meeting of the *London Cancer* Rehabilitation Expert Reference Group

Date: **July 26th 2017, 15:00-16:30**

Venue: **Ground Floor Central, 250 Euston Road, NW1 2PG**

Chair: **Sharon Cavanagh ERG Chair**

1. Introductions, Apologies and review of action points from last meeting

SC welcomed members of the ERG and read out apologies. The minutes of the last meeting were reviewed and agreed.

Two ongoing actions from last meetings; group to send feedback to SC about potential rehabilitation metrics for inclusion within MDT dashboards. It was agreed that it would be useful to have future discussions around potential rehabilitation metrics across the Collaborative.

The second action was collecting feedback on ideas to support referral rates and engagement in St Joseph Hospice rehabilitation facilities as they have a robust AHP team that should be used to fullest capacity, any suggestions from ERG members to be forwarded to Rebecca Tiberini.

2. UCLH Cancer Collaborative: Vanguard and Macmillan Integrated Cancer Programme (SC)

SC explained that discussions re. ongoing funding for MICa team (extending the team until March 31st 2019) are currently being held with Macmillan. Bid to be submitted to Macmillan in mid-August.

SC informed the group that UCLH CC has submitted an expression of interest to participate as a pilot site for the NHSE Quality of Life Metric Pilot. This is an exciting and innovative project which will transform the use of patient reported outcomes to improve service delivery and deliver better care and support for people living with and beyond cancer. The tool will be derived using two validated quality of life questionnaires; one generic and one cancer specific. One of the requirements to take part in this pilot was that trusts have a patient portal, so that patients can complete questionnaires at home or on the go. This meant that UCLH and Barts only could be included in this expression of interest.

Feedback on EOI expected in August. National roll out of the QOL metric will begin in February 2019. If successful, a Project Coordinator for the QOL Metric will be recruited for Barts and UCLH and have a key role in identifying relevant patients and engaging with them by email and letters to outline the project. Essentially it will be patient led, if concerns arise from questionnaire completion they can be discussed with clinicians at their next clinic appointment.

3. Lymphoedema Audit Update (SC)

SC updated the group on the lymphoedema audit that is currently being rolled out across tumour sites in our locality, specifically focusing on tumour sites in which treatment may result in secondary lymphoedema following cancer treatment (head and neck, colorectal, urology, gynae., sarcoma, skin, breast). This information will assist us to improve patient experience and outcomes by identifying any gaps in

lymphoedema service provision or in informing us where pressures exist on current lymphoedema services within our footprint.

The 3 month audit involves liaising with pathway leads and Lead CNS's to develop the audit questionnaire for each tumour site. The questionnaire is then sent out to clinicians and CNS's to fill out when a patient presents with lymphoedema.

Once all the audits are carried out across the tumour groups, a report to be presented to the relevant pathway boards and Cancer Vanguard Board.

4. TCST Rehabilitation Update

KR provided information regarding the cancer rehabilitation scoping report for London and the project underway developing Cancer Rehabilitation commissioning guidance. As part of this project a task and finish group is looking at rehabilitation data and how to capture good quality data across rehabilitation to inform commissioning decisions. The task and finish group has met 3 times and is developing a minimum dataset for cancer rehabilitation. The group aim to have a draft ready in the next couple of weeks which will be brought to the main TCST cancer rehabilitation steering committee (which SC sits on) and then the Pan London LWBC partnership group. KR explained that once there is a comprehensive draft report they will seek a wider consultation from groups such as the Rehabilitation ERG. If there is Pan-London agreement then they can begin to pilot this project in rehabilitation services in the beginning of autumn. There is a Band 7 Project Facilitator starting in the autumn that will support TCST with rolling out this pilot.

5. Cancer Transformation Fund Alliance Bid (SC)

SC provided update on the Cancer Transformation Fund Alliance Bid that was submitted to NHS England to support implementation of stratified follow up and recovery package interventions. Still awaiting a decision regarding the release of monies

6. Workplan (SC)

SC discussed the July workplan with the group, points discussed were;

Embedding physical activity into cancer pathways

The call for physical activity programmes for patients has now been conducted and details of local programmes have been uploaded onto the service directory on the *London Cancer* website.

Embedding rehabilitation into cancer pathways

KR and SC have presented rehabilitation priorities to Cancer Commissioning Board twice on priorities and recommendations for rehabilitation in London. Awaiting decision on transformation funding prior to next steps being developed.

Consequences of Treatment – Improving access to services

SC asked the group whether they wanted to conduct a piece of work to develop a standardised rehabilitation plan that would be utilised to follow the patient through the cancer pathway. The aim of this is to assist in coordination of care between services.

Orla raised an important issue with sending referrals for patients into the community; patients often wait 6 weeks or more for a community appointment and in that space of time they may have been readmitted into hospital for pre-arranged chemotherapy, the community team then discharge their referral and the acute team need to re-refer leading to delayed community rehabilitation support. Various group members agreed that often the community team do not communicate when a patient has been seen by them.

It was agreed that further discussions will be held regarding this. Once the Cancer Transformation Fund Bid decision has been made, there will be a clearer idea about availability of project support to assist with this piece of work.

ACTION:

- Distribute July 2017 Workplan to the group

7. Service Updates

Royal National Orthopaedic Hospital (SN)

Abby McCarthy will be covering maternity leave for Hannah Hughes from August. The therapies department have experienced difficulties with recruiting band 6 OT's so have decided to recruit a band 5 and provide additional support to the role. SN will be attending the College of Occupational Therapy recruitment summit next week and will feedback to the group at the next meeting.

BHRUT (ZA)

The dietitians at BHRUT have moved from being employed by the community trust to being directly employed by BHRUT. Dietetic manager Lindsey Newell is going on maternity leave soon, a band 7 will be acting up in the post so the transition in staffing should be smooth.

UCLH (OM)

OM attended the second day of a cancer academy induction programme for band 5 and 6 physiotherapists; the course runs for two days over two weeks and covers various different topics focusing on Oncology and Haematology patient services and the different options available to accommodate the big numbers of patients received. OM also informed the group that she is starting a Darzi fellowship with Kings College Hospital in September that will last for a year therefore this will be her last meeting for the foreseeable future. SC congratulated Orla on her success as a Fellow and thanked her for her contributions to the ERG.

UCLH (KM)

The Oncology & Haematology Dietetics team are in the process of developing a patient portal for electronic patient generated nutritional information for use with outpatients.

RFL (CO)

A 'what matters to you?' initiative was implemented by Karen Turner (Service Lead for the Oncology Therapy Team) for a week in June to discover what was important to patients, families and carers to help improve the care that is delivered. Results of this being compiled at present.

National Hospital for Neurology and Neurosurgery (K D-A)

There have been delays with completing the building of new theatres. The new unit was planned to open in August but now it will be more likely October/November. Recruitment has been slow on AHP posts going out but this is being pushed by the Service Lead.

The neuro-oncology unit are in the process of streamlining patient information with the help of a Rehabilitation Assistant who will amalgamate information and review rehabilitation screening methods to ensure that patients don't fall through the net.

The unit recently acquired an in-bed cycle for patients who are unable to utilise a conventional stationary bike

8. AOB

- Health Education England has developed a Cancer Survivorship Fellowship programme for London. It is open to GP's, AHP's or CNS's who have an interest in Living with and Beyond Cancer (LWBC). The working week of the fellowship comprises two days in primary care, two days in a specialist LWBC acute service, and one day a week undertaking the academic programme. The academic element of the programme will be delivered by Canterbury Christchurch University. SC will circulate full details of the fellowship to the group.
- The Rehabilitation ERG doesn't currently have a patient representative who could contribute their expertise to the meetings. SC requested that if any ERG members are aware of any patients or carers who may be keen to join this ERG, please let them know about this opportunity and provide them with SC's contact details. Zereen Rahman-Jennings, Patient Experience Lead, is currently developing a new patient representative role description and induction document to best meet the needs of patient representatives.
- KD-A asked the group if they have any regular psychological support groups set up for their individual teams. Suzette has weekly mindfulness sessions on her ward at BHRUT. Claire's team at RFL have a counsellor provide a monthly team debrief – they also have a weekly Schwartz Rounds led by two psychologists. OH's team have a monthly debrief session and stated that the Oasis team at UCLH offer emotional support to staff as required.

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| ACTION: |
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| <ul style="list-style-type: none">• Circulate information on HEE LWBC Primary Care Fellowship |
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Next Meeting: Weds 1st November 2017, 15:00 – 16:30 at 51 Wimpole Street, 1st Floor Boardroom, W1G 8SE.

ACTION LOG

| Action | Owner | Date Agreed | Status |
|---|-------|-------------|-----------|
| Distribute July 2017 Workplan to the group | SC | 26.07.17 | Completed |
| Circulate information on HEE London LWBC Fellowship | SC | 26.07.17 | Completed |

Attendees

| Name | Role | Trust/Organisation |
|----------------------------|---|-----------------------|
| Sharon Cavanagh (SC) | Living With and Beyond Cancer and AHP Lead | London Cancer/UCLH CC |
| Claire O' Herlihy (CO) | Highly Specialist Oncology Occupational Therapist | RFL |
| Karen Robb (KR) | Macmillan Rehabilitation Lead | TCST |
| Kassie Montanheiro (KM) | Haematology and Oncology Dietician | UCLH |
| Katie De Albuquerque (KDA) | Specialist Physiotherapist | UCLH |
| Orla McCourt (OM) | Team Lead Physiotherapist | UCLH |
| Roisin Barr (RB) | Physiotherapist | HUH |
| Roxanne Payne (RP) | Project Co-ordinator | London Cancer/UCLH CC |
| Suzette Ferreira (SF) | Clinical Lead Therapist | BHRUT |
| Supriya Nerlekar (SN) | Clinical Specialist Manager | RNOH |
| Zenab Ahmad (ZA) | Macmillan Dietician | BHRUT |

Apologies

| Name | Role | Trust/Organisation |
|------------------|--|-----------------------|
| Abi Fisher | Lecturer in Physical Activity and Health | UCL |
| Adrian Gilson | Community Nutrition Support Dietitian | BH |
| Jennifer Gilbert | Lymphoedema CNS | UCLH |
| Teresa Hill | Lymphoedema Nurse Consultant | NHS Enfield |
| Christine Moore | Lymphoedema Clinical Nurse Specialist | UCLH |
| Karen Turner | Service Lead for the Oncology Therapy Team | RFL |
| Daniel Thomson | Macmillan Primary Care Project Manager | London Cancer/UCLH CC |
| Suzanne Roberts | Head of OT | WH |
| Lindsay Farthing | Clinical Lead for Oncology Therapies | BH |
| Diana Markham | Clinical Lead Dietitian | BH |
| Fiona Kelly | Head of Adult Therapies | Homerton |

| Name | Role | Trust/Organisation |
|------------------|--------------------------------------|---------------------------|
| Carla Zanichelli | Lymphoedema Physiotherapist | UCLH |
| Jayne Morton | Macmillan Specialist Palliative OT | NELFT |
| Barbara Stead | Lead Physiotherapist | RFL |
| Kathy Wisbey | Community Specialist Palliative Care | HUH |
| Louise Platt | Therapy Team Lead Neurosurgery | NHNN |