



NORTH AND EAST

London Cancer Rehabilitation ERG

Date: **Thursday, 10 March 2016, 15:00 – 16:30**

Venue: **Meeting room 3, 3rd Floor, 170 Tottenham Court Road, London, W1T 7HA**

Chair: **Sharon Cavanagh, ERG Chair**

1. Welcome, Apologies and minutes of last meeting

SC welcomed members of the ERG, introductions were made and apologies heard. The minutes of the last meeting were accepted pending minor amendments.

2. London Cancer update: Vanguard and Macmillan Integrated Cancer Programme

SC updated the group on how the work of *London Cancer* will be threaded throughout the vanguard. SC explained that a value proposition documents has been produced by the three Vanguard sites. This will be circulated to the group. SC talked through the UCLH Cancer Collaborative milestones the first year and requested feedback, particularly on the 'whole pathway working' element of the plan.

SC highlighted that it will be important to draw on the rehabilitation expertise of the other vanguard partners. SC requested that the group consider how they could support the delivery of the recovery package elements going forward as the group is one of the delivery arms of the Living with and Beyond Cancer work stream.

ACTION:

- FS to circulate the *London Cancer* Vanguard Value Proposition.
- All to send comments on the 'Whole Pathway' section of the *London Cancer* milestones

3. Pan-London Commissioning Guidance for London – development and progress

KR gave a summary of cancer related lymphoedema and explained that TCST are producing commissioning guidance that will be pan London. This guidance is being produced as there is a strong economic and patient experience/outcome argument for strengthening commissioning in this area.

The guidance will:

- Outline the cancer related lymphoedema services available in London.
- Explain what good lymphoedema care looks like and have recommendations for taking the guidance forward.
- Provide guidance on how to create a sustainable lymphoedema workforce.

The guidance won't be prescriptive and will be kept brief. A copy will be shared when it has been published and it will be uploaded to the *London Cancer* website.

ACTION:

- SC to circulate TCST cancer related lymphoedema guidance to Rehab ERG members when it is published

- FS to upload TCST cancer related lymphoedema guidance to *London Cancer* website when it is published.

4. LCA lymphoedema guidelines and service specification

SC shared the LCA Lymphoedema Referral and Management guidance and the Service Specification with the group. SC queried if the group needed to review these versions and consider implementation within *London Cancer*. The group felt that there was a valid idea. SC highlighted the need to engage *London Cancer* lymphoedema services to help review these. SC requested that the group share the LCA guidelines and service specification with colleagues.

KR informed the group that she has found there is a lack of understanding about how a specialist lymphoedema service is defined and that there are clinical areas, such as Head and Neck, where provision is poor.

ACTION:

- All to share LCA lymphoedema guidelines and service specification with colleagues to raise the profile of this information.
- SC to ask the Head and Neck Pathway Board what lymphoedema services are available within the *London Cancer* patch for individuals with H&N cancer

5. Physical Activity Pathway

SC informed the group of the work of Motivate East. They want to extend their services for cancer patients. SC asked the group to share their opinions on physical activity guidance for cancer currently provided and how this could be promoted further to patients. OM fed back that patients often report that they would like more advice on physical activity.

The group agreed that the resources that Macmillan produce to encourage physical activity could be used to support the promotion of physical activity to patients. KR advised that she had done some work to promote physical activity at Barts using the Macmillan 'Move more' packs.

The group agreed a strategy was needed to disseminate existing physical activity information and that physical activity should be further embedded within cancer pathways.

ACTION:

- SC to request physical activity session material from all Rehab ERG members who are running physical activity health and wellbeing events.
- SC to ask Claus Buscher at Barts for the sheet he uses at health and wellbeing sessions that outlines all contraindications to physical activity.

6. Review of TORs and goals – ERG to identify 3 objectives for 2016/2017 work plan

SC shared the TORs with the group. These were reviewed and suggestions were made. It was noted that:

Key roles and functions

- The group currently has no research lead – Dr Abigail Fisher, Cherry Kilbride and Lesley Bailey were suggested as possible leads. SC to look into this.
- The annual report should be removed from 'Key Roles and Functions of the Pathway Board'

Membership

- The focus should be on the membership of senior therapists as therapy manager representatives don't regularly attend the group
- Barnet and Chase Farm are now part of the Royal Free NHS Trust
- PAH is missing from the list of therapy manager representatives
- St Claire's hospice needs to be added to the list of senior therapists
- A research lead needs to be added to the list of clinical representation
- GOSH should be removed from the list due to focus on adult services only

Administrative support

- This can be amended as this is now in place

User involvement

- The current patient representatives do not attend. EM to ask a prostate cancer support group near to St Claire's if anyone would be interested in this role.

Frequency of meetings

- This should remain quarterly. The expectation is for members to attend three meetings out of four.

The group were asked to identify three key areas of work to focus on in the year ahead. It was decided these areas of work would be:

- Physical activity
- Implementation of lymphoedema services across pathways
- Supporting transitions in community provisions (development of education and training on rehabilitation services for the generalist workforce and commissioners)

SC to finalise the Rehabilitation Board TORs by the next Rehabilitation ERG meeting taking on board the above comments.

ACTION:

- SC to ask Dr Abigail Fisher if she would be interested in becoming the research representative for the Rehabilitation ERG
- OM to send FS Laura Bailey and Cherry Kilbride's contact details
- FS to send Karen Robb's details to ES
- SC to finalise Rehabilitation Board TORs taking on board agreements made in this meeting

7. Service Updates

ES – The hospice is fully staffed from a rehabilitation point of view. Increased expectation to conduct audit and research evidence to support the services they offer.

OM – UCLH now have people assigned for all the senior posts that were vacant. There have been some changes to the senior management structure - some band 8a posts will be introduced, two of which will be assigned to cancer. There will also be a band 8c Deputy Divisional Manager post that sits above the 8a posts.

HJ – RNOH have a GSF training phase starting in May.

8. AOB

SC flagged to the group that the [London Improving Rehabilitation Services Regional Stakeholder Event](#) is being held on the 19th April. SC encouraged group members to attend if possible.

9. Next Meeting

Wednesday 06 July, 15:00-16:30, Meeting Room 3, 3rd Floor, 170 Tottenham Court Road, W1T 7HA

ACTION LOG

Action	Owner	Date Agreed	Status
Send a link to the stratified pathway of care prostate cancer document when it is published	SC	27/01/2016	Complete
Circulate the <i>London Cancer</i> Vanguard Value Proposition	FS	10/03/2016	Ongoing – waiting for the document to be finalised
Send comments on the ‘Whole Pathway’ section of the UCLH Cancer Collaborative milestones	All	10/03/2016	Ongoing
Circulate TCST cancer related lymphoedema guidance to Rehab ERG members when it is published	SC/FS	10/03/2016	Ongoing
When it is published upload TCST cancer related lymphoedema guidance to <i>London Cancer</i> website	FS	10/03/2016	Ongoing
Share LCA lymphoedema guidelines and service specification with colleagues to raise the profile of this information	All	10/03/2016	Ongoing
Ask Head and Neck pathway board what lymphoedema services are available within the <i>London Cancer</i> patch	SC	10/03/2016	Ongoing – contacted Simon Whitley
Request physical activity session material from all Rehab ERG members who are running physical activity health and wellbeing events	SC	10/03/2016	Complete
Ask Claus Buscher at Barts for the sheet he uses at health and wellbeing sessions that outlines all contraindications to physical activity	SC	10/03/2016	Complete
Ask Dr Abigail Fisher if she would be interested in becoming the research representative for the Rehabilitation ERG	SC	10/03/2016	Ongoing
Send FS Laura Bailey and Cherry Kilbride’s contact details	OM	10/03/2016	Ongoing
Send Karen Robb’s details to ES	FS	10/03/2016	Complete
Ask the prostate cancer patient group run near to St Claire’s Hospice if any of their members would be interested in becoming	ES	10/03/2016	Ongoing

a patient representative on the <i>London Cancer</i> rehabilitation board			
Finalise Rehabilitation Board TORs taking on board agreements made in this meeting	SC	10/03/2016	Ongoing
Share organogram of how ERG and pathway boards work together with ES	SC	10/03/2016	Ongoing

Attendees

Name	Role	Trust/Organisation
Sharon Cavanagh (SC)	Living With and Beyond Cancer and AHP Lead	<i>London Cancer</i>
Emily Stowe (ES)	Physiotherapist	St Claire's Hospice
Hannah Jeziorski (HJ)	Physiotherapist Orthopaedic Oncology	RNOH
Karen Robb (KR)	Physiotherapist	TCST
Gemma Lindsell (GL)	Occupational Therapist	UCLH
Orla McCourt (OM)	Specialist Physiotherapist	UCLH
Frances Sheridan (FS) (minutes)	Macmillan Project Coordinator	<i>London Cancer</i>
Chloe Levelle (CL)	Macmillan Project Administrator	<i>London Cancer</i>

Apologies

Name	Role	Trust/Organisation
Antony Perryman	Occupational Therapist, Haematology	UCLH
Diana Markham	Clinical Lead Dietitian	Barts Health
Katie Walker	Clinical Lead Dietitian	Royal Free
Lindsay Farthing	Physiotherapist	Barts Health
Louise Platt	Therapy Team Lead, Neurosurgery	UCLH
Rachel Shields	Occupational Therapist	UCLH
Caroline Quilty	Palliative Care and Oncology Dietitian	St Joseph's Hospice