



NORTH AND EAST

London Cancer Rehabilitation ERG

Date: **Wednesday 21st September 2016, 15:00 -16:30**

Venue: **Macmillan Cancer Centre, Seminar Room 4.22, 4th Floor Huntley Street, WC1E 6AG**

Chair: **Sharon Cavanagh, ERG Chair**

1. Welcome, Apologies and minutes of last meeting

SC welcomed members of the ERG, introductions were made and apologies heard. The minutes of the last meeting were accepted.

2. London Cancer update: Vanguard and Macmillan Integrated Cancer Programme (SC)

SC updated the group on how the work of *London Cancer* is now threaded through the cancer vanguard. SC talked through the UCLH Cancer Collaborative milestones the first year and requested feedback, particularly on the 'whole pathway working' element of the plan.

SC highlighted that it will be important to draw on the rehabilitation expertise of the other vanguard partners. SC requested that the group consider how they could support the delivery of the recovery package elements going forward as the group is one of the delivery arms of the Living with and Beyond Cancer work stream.

SC also informed the group that, in collaboration with RMPartners and TCST, KR and SC had presented the results of the 2014-2015 mapping to the Cancer Commissioning Board (CCB). The presentation content included:

Headline findings of the mapping -

Significant gaps in specialist cancer AHP provision across London

Inequitable provision - dependent on tumour site and trust

Insufficient resource to facilitate return to pre-morbid or optimal level of function. In acute sector, rehabilitation has a discharge planning focus only

Lack of outpatient and community provision - Impacts on:

ability to provide pre-habilitation to maximise fitness and improve outcomes

continuity of rehabilitation across the pathway

Few strategic level AHP roles in trusts resulting in reduced influence at Board levels

Peer review measures were a lever for resourcing in some tumour sites – this lever now lost.

Recommendations to the CCB -

RM Partners and London Cancer Rehabilitation Expert Reference Groups to be utilised as advisory bodies re. the London rehabilitation workforce and where to focus attention for resource

AHP mapping, gap analyses and recommendations to be escalated locally to SPGs

Support requested from the CCB to:

embed rehabilitation within STPs as part of long term condition management

collaborate with local and specialised commissioning bodies to embed rehabilitation provision across all pathways

Explore co-commissioning of roles across CCGs. Establish HR passports to enable cross-site/cross setting working

The CCB were very supportive of the work/recommendations and advised that, due to the scale of the issues, that SC and KR identify 3 key priorities that it is within the gift of the CCB to support.

ACTION:

- SC to circulate presentation given to the CCB on Cancer Rehabilitation: Results and findings from pan-London specialist cancer Allied Health Professional (AHP) audit 2014/15 presentation
- ERG to feedback ideas to SC on top three priorities for cancer rehabilitation. These will then be fed into pan-London discussions with counterparts in RMPartners and SEL and agreed priorities will be presented to the CCB in the New Year

3. Pan-London Commissioning Guidance for London – development and progress (KR)

Macmillan Rehabilitation Clinical Lead post extended until end of Dec 2016; work plan has been revised.

KR provided an update on the cancer related lymphoedema work - TCST have now published the Lymphoedema Commissioning Guidance. It is available at the following link:

<https://www.myhealth.london.nhs.uk/healthy-london/latest/publications/lymphoedema-guide>.

The guidance:

- Outlines the cancer related lymphoedema services available in London.
- Explain what good lymphoedema care looks like and have recommendations for taking the guidance forward.
- Provides guidance on how to create a sustainable lymphoedema workforce.

Work has commenced on developing pan-London Commissioning Guidance for Rehabilitation. A Cancer Rehab Task and Finish Group have been convened and have met twice thus far. Stakeholder engagement events have been held to inform the work.

Outputs by end of Dec 2016 are as follows:

Preliminary report on cancer rehab containing the relevant regional and national context, an evaluation of our June stakeholder event & analysis of the focus groups and a selection of clinical case studies highlighting good practice and current challenges.

ACTION:

- SC to circulate KR's presentation update to the ERG members

4. Breast Lymphoedema audit results (SC)

SC presented the findings of the Breast Cancer Lymphoedema audit conducted in Jan-March 2016. Key findings revealed that 48 individuals presented with lymphoedema during audit period with the majority of these (46%) presenting with moderate lymphoedema symptoms in LWBC stage of the pathway. Thus the estimated annual figure of individuals presenting with lymphoedema across the system: 192 with approx. 50% of this number presenting with moderate or severe symptoms.

The results have been fed back to the Breast Board for consideration on how to support early recognition of lymphoedema symptoms and better management. Next steps: Audit to be extended to additional pathways to provide comprehensive picture of lymphoedema incidence across our system: Head and Neck, Sarcoma, Gynae, Urology, Skin (melanoma), colorectal

ACTION:

- SC to circulate breast cancer lymphoedema audit results to the ERG

5. Implementing a physical Activity Pathway (IV)

Isla Veal (Oncology Physiotherapist at GSTT) presented the physical activity pathway that they have introduced.

ACTION:

- SC to circulate IV's presentation
- ERG members to consider feasibility and best methods of implementing a physical activity pathway locally

6. Review 2016/2017 work plan (SC)

Work plan update presented and discussed.

SC informed the group that had asked Dr Abi Fisher, to join the ERG as Research rep. SC and Abi to meet up to discuss in more depth ahead of next ERG.

ACTION:

- SC to meet with Dr Abigail Fisher

7. Service Updates

Due to time constraints, these postponed and to be provided at the next ERG meeting

8. AOB

None

9. Next Meeting

Wednesday 7th December, 15:00-16:30, Ground Floor Central Meeting Room, Ground Floor, 250 Euston Rd

ACTION LOG

Action	Owner	Date Agreed	Status
SC to circulate presentation given to the CCB on Cancer Rehabilitation: Results and findings from pan-London specialist cancer Allied Health Professional (AHP) audit 2014/15 presentation	SC	21-09-16	Done
ERG to feedback ideas to SC on top three priorities for cancer rehabilitation. These will then be fed into pan-London discussions with counterparts in RMPartners and SEL and agreed priorities will be presented to the CCB in the New Year	ALL	21-09-16	Ongoing
SC to circulate KR's presentation update to the ERG members	SC	21-09-16	Done
SC to circulate breast cancer lymphoedema audit results to the ERG	SC	21-09-16	Done
SC to circulate IV's presentation	SC	21-09-16	Done
ERG members to consider feasibility and best methods of implementing a physical activity pathway locally	ALL	21-09-16	Ongoing
SC to meet with Dr Abigail Fisher	SC	21-09-16	Done

Attendees

Name	Role	Trust/Organisation
Sharon Cavanagh (SC)	Living With and Beyond Cancer and AHP Lead	<i>London Cancer</i>
Karen Robb (KR)	Physiotherapist	TCST
Lindsay Farthing	Physiotherapist	Barts Health
Orla McCourt (OM)	Specialist Physiotherapist	UCLH
Christina Moore	Lymphoedema CNS	UCLH
Isla Veal	Oncology Physiotherapist	GSTT
Leila Jhita (LJ)	Executive Assistant	<i>London Cancer</i>

Apologies

Name	Role	Trust/Organisation
Katie Walker	Clinical Lead Dietitian	Royal Free
Louise Platt	Therapy Team Lead, Neurosurgery	UCLH