

How to contact us

Patient Services

The Royal London Hospital for Integrated Medicine
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Tel: 020 3448 2000

Fax: 020 3448 2004

Email: rlhimpatients@uclh.nhs.uk (not for referrals)

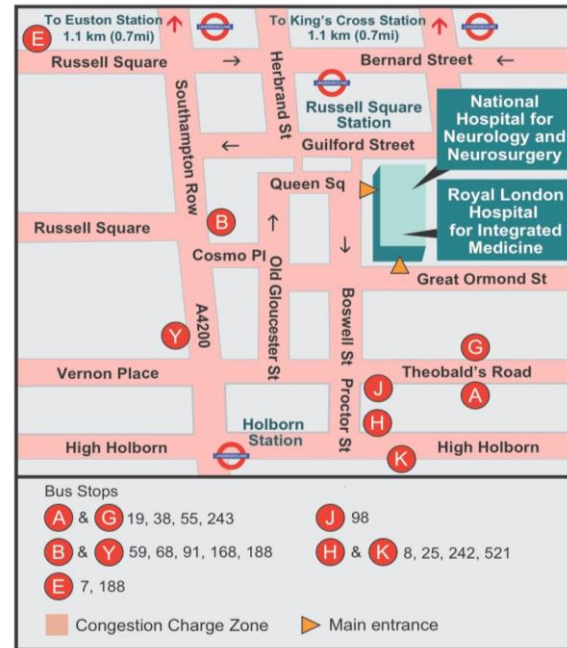
Website: www.uclh.nhs.uk/rlhim

How to be referred

The Royal London Hospital for Integrated Medicine (RLHIM) is part of University College London Hospitals NHS Foundation Trust and accepts all NHS referrals. GP referrals are by letter or via Choose and Book. Patients can also be referred by their NHS hospital consultant.

NHS Choices provides information and an opportunity to provide feedback about our service at www.nhs.uk

If you need a large print, audio or translated copy of this document, please contact us on 020 3448 2000. We will try our best to meet your needs.



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Royal London Hospital for Integrated Medicine

General Medicine Service

This leaflet has been written by the General Medicine team at the Royal London Hospital for Integrated Medicine. It is intended for patients (or their family or carers) who may be referred to this clinic. If you would like any further information please contact Patient Services (see over).

About the General Medicine Service

The General Medicine Service is led by three consultant physicians. The team also includes other doctors and nurses, a dietitian, a physiotherapist, an occupational therapist and a psychotherapist.

The service sees patients with chronic and complex conditions. The team is trained in many areas of complementary medicine. These are used alongside orthodox treatment, allowing them to offer a fully integrated General Medicine service.

The General Medicine Service offers a full range of diagnostic tests as well as a variety of treatments and advice on orthodox treatment.

From 3rd April 2018, The Royal London Hospital for Integrated Medicine (RLHIM) will no longer be providing NHS-funded homeopathic remedies for any patients as part of their routine care. This is in line with the funding policy of Camden Clinical Commissioning Groups, the local NHS body that plans and pays for healthcare services in this area.

Should you choose you will be able to purchase these medicines from the RLHIM pharmacy, while other homeopathic pharmacies may also be able to supply the medicines. You can speak to your clinician or the RLHIM pharmacy at your next visit about this.

What should I expect when I come to my appointment?

The first appointment will last about 40 minutes. The doctor will take a detailed medical and dietary history. They will do a physical examination and also order any necessary investigations, such as blood tests or scans.

Follow-up appointments usually take about 15 to 20 minutes.

Which conditions are seen at the General Medicine Service?

Conditions commonly seen include:

- Recurrent infections, such as colds, sore throats, cystitis, thrush, chest infections and bacterial infections
- Some persistent symptoms where tests have not revealed a serious underlying disorder
- Asthma or chronic obstructive pulmonary disease (COPD)

- Digestive disorders, for example acid reflux, Irritable Bowel Syndrome and inflammatory bowel disease
- Endocrine (glandular) disorders such as under-active thyroid
- Type II diabetes
- Some types of heart disease, high blood pressure and palpitations (requiring no orthodox treatment)
- Chronic headache such as migraine or tension-type headache
- Side effects of prescribed medications

Your appointment

If you are unable to attend your appointment please let us know at least 48 hours beforehand so we can offer your appointment to someone else. If you do not attend your appointment without telling us we may refer you back to your GP.

Following your treatment you will be referred back to your GP.

Professional education and training

The RLHIM is also a teaching hospital and from time to time other healthcare professionals may observe in outpatient clinics as part of a training course. We will always ask your permission for students to sit in during your consultation. You do not have to have students present if you would prefer not to.