

How to contact us

Patient Services

The Royal London Hospital for Integrated Medicine
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Email: uclh.patient.enquiry.rlhim@nhs.net
(not for referrals). *Information for referrers is available on request*

Website: www.uclh.nhs.uk/rlhim

How to be referred

The Royal London Hospital for Integrated Medicine (RLHIM) is part of University College London Hospitals NHS Foundation Trust and accepts GP referrals via NHS e-Referral Service (formerly Choose and Book referrals). Patients can also be referred by their NHS hospital consultant

NHS Choices provides information and an opportunity to provide feedback about our service www.nhs.uk

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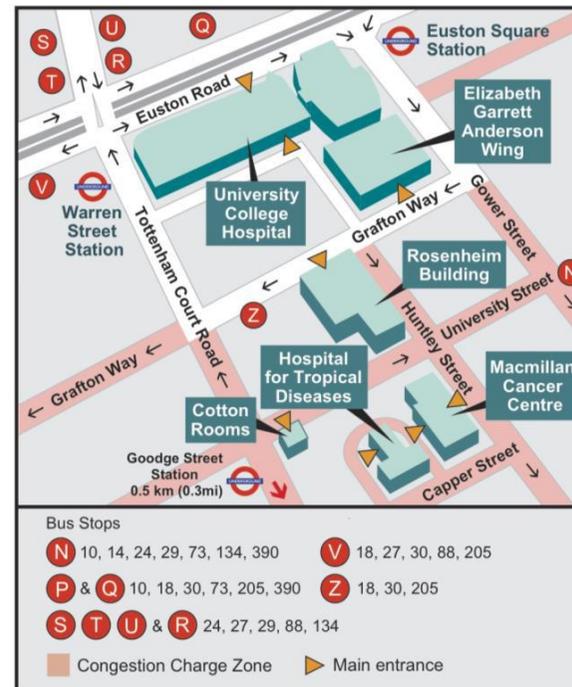
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Children's Clinic Address:

**Elizabeth Garrett Anderson Wing (EGA)
University College Hospital
235 Euston Road
London
NW1 2BU**



If you need a large print, audio or translated copy of this document, please contact us on 020 3448 2000. We will try our best to meet your needs.

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Royal London
Hospital for
Integrated Medicine

Integrated Children
and Adolescent
Service

This leaflet has been written by the Integrated Children and Adolescent Service team at the Royal London Hospital for Integrated Medicine. It is intended for patients, family and carers who may be referred to this clinic. If you would like any further information please contact Patient Services (over page).

About the Integrated Children and Adolescent Service

The Integrated Children and Adolescent Service has been established to provide complementary care alongside orthodox treatments. The clinic sees children up to 18 years old with a wide variety of illnesses.

Our clinics offer a patient-centred holistic approach, safely integrating complementary medicine appropriately in a variety of conditions, including dietary and lifestyle advice and symptom management.

Aims of the service and treatments

Our team is led by a Consultant Paediatrician. All our doctors have trained in complementary therapies.

The team works closely with the UCLH Paediatric and Adolescent teams and other professionals elsewhere who are involved in your child's care. All the treatments discussed by the children's clinic team can be used safely alongside conventional treatments. We can also offer advice to parents and young people on both conventional and complementary treatments.

Children with serious and chronic medical conditions need to be under Paediatric care elsewhere in addition to this service.

What do we treat?

- Pain syndromes (including chronic tension-type headache and migraine and chronic pain)
- Rheumatic conditions, such as juvenile arthritis
- Skin diseases, such as acne, eczema, psoriasis, urticaria, vitiligo, molluscum and warts
- Recurrent infections, such as tonsillitis, ear infection (otitis), bronchitis and herpes
- Allergic disorders, such as hay fever, asthma and multiple food intolerances
- Bowel disorders, such as gastro-oesophageal reflux, constipation, abdominal migraine, Irritable Bowel Syndrome (IBS) and inflammatory bowel disease
- Feeding difficulties
- Managing stress and anxiety
- Sleep problems
- Functional developmental and learning problems including autism spectrum disorders
- Behavioural concerns and disorders including hyperactivity and Attention Deficit Hyperactive Disorder (ADHD)

The team also provides advice on complementary treatments for symptoms associated with childhood cancers.

Your appointment

If you are unable to attend your appointment please let us know at least 48 hours beforehand so we can offer your appointment to someone else. If you do not attend your appointment without telling us we may discharge you back to your GP and referring clinician.

Following your treatment you will be discharged back to your GP and referring clinician.

Where to find the Integrated Children and Adolescent Service

All our Integrated Children and Adolescent Clinics are held at the Children and Young People's Unit which is located at the Elizabeth Garrett Anderson Wing on the main UCLH hospital site. Please see the map and address on the back of the leaflet.

The Royal London Hospital for Integrated Medicine (RLHIM) no longer provides NHS-funded homeopathic remedies for any patients as part of their routine care. This is in line with the funding policy of Camden Clinical Commissioning Groups, the local NHS body that plans and pays for healthcare services in this area.

Should you choose you will be able to obtain these medicines from the RLHIM pharmacy with a private prescription from your doctor, while other homeopathic pharmacies may also be able to supply the medicines. You can speak to your clinician or the RLHIM pharmacy at your next visit about this.