How to contact us

Patient Services
The Royal London Hospital for Integrated Medicine
60 Great Ormond Street
London
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Tel: 020 3448 2000
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Switchboard: 020 3456 7890
Email: rlhimpatients@uclh.nhs.uk (not for referrals)
Website: www.uclh.nhs.uk/rlhim

How to be referred

The Royal London Hospital for Integrated Medicine (RLHIM) is part of University College London Hospitals NHS Foundation Trust and accepts all NHS referrals. GP referrals are by letter or via choose and book. Patients can also be referred by their NHS hospital consultant.

NHS Choices provides information and an opportunity to provide feedback about our service - www.nhs.uk

If you need a large print, audio or translated copy of this document, please contact us on 020 3448 2000. We will try our best to meet your needs.
This leaflet has been written by the Podiatry and Chiropody Service at the Royal London Hospital for Integrated Medicine. It is intended for patients (or their family or carers) who may be referred to this clinic.

If you would like any further information please contact Patient Services (over page).

About the clinic
The Department of Podiatry and Chiropody specialises in the treatment and management of foot disorders including:

Skin
- Athlete’s foot
- Corns, callosities and fissures
- Chilblains
- Dry Eczema
- Skin ulcers
- Verrucae and viral warts
- Epidermolysis Bullosa
- Keratoderma

Bones and joints
- Bunion and other bone and joint conditions including gout
- Post-operative complications
- Sports injuries involving the feet

Nails
- Thickened, dry, brittle, psoriatic and eczematous nails
- Fungal infection

Treatment
The Clinic is led by Dr Tariq Khan, Consultant Podiatrist. Patients in the clinic are seen for conventional podiatry treatments. Patients attend the clinic once a week for two to four weeks, according to the condition being treated. This is followed by a simple treatment regime at home. Treatment includes:

- Conventional podiatry management
- Orthotic therapy
- Foot care advice
- Marigold Therapy
- Homeopathy

Marigold Therapy
Marigold Therapy is the use of specially formulated herbal products, based on plants such as Tagetes (a type of marigold) and others, applied directly to the feet alongside conventional podiatry treatment. No animals are used in the manufacture or testing of Marigold Therapy preparations. Dr Khan may recommend Marigold therapy. This product is made by a family business.

Homeopathy
Homeopathic medicines (taken by mouth) are prescribed where indicated. See our leaflet, “Homeopathy” for details.

Your appointment
If you are unable to attend your appointment please let us know at least 48 hours beforehand so we can offer your appointment to someone else. If you do not attend your appointment without telling us we may refer you back to your GP.

Following your treatment you will be referred back to your GP.

Professional education and training
The RLHIM is also a teaching hospital and from time to time other healthcare professionals may observe in outpatient clinics as part of a training course. We will always ask your permission for students to sit in during your consultation. You do not have to have students present if you would prefer not to.