The lung cancer multidisciplinary team
Information for patients and carers
If you need a large print, audio, braille, easy read, age-friendly or translated copy of this leaflet, please contact us on 020 3447 2161. We will do our best to meet your needs.

Introduction

This booklet provides information about the lung cancer multidisciplinary team (MDT).

An MDT is a team of professionals who will be caring for and supporting you at University College Hospital. This team consists of experts in different areas of medicine and care such as doctors, nurses, dietitians and physiotherapists.

Your treatment plan

It is important that you understand what your treatment involves. Please feel free to ask us about any aspect of your care and we will do our best to give you clear answers. We will also give you written information about your diagnosis and treatment to support the discussions you will have with members of our team. If there is anything you don’t understand or have any questions about the written information, please ask us.

You may find it helpful to write down any questions you would like to ask us before your appointment and we will answer them when we see you. We also encourage you to bring a relative or friend with you to the clinic. They can help you remember what has been discussed and offer you support.

The type of treatment you will have will depend on:

• the type of cancer you have
• where it is in the lung
• whether it is present anywhere else in your body
• your general health.
Treatment may include some or all of the following:

- surgery
- chemotherapy, immunotherapy or targeted treatments that block the growth and spread of cancer
- radiotherapy
- supportive care.

**Members of the MDT**

**Consultant respiratory physicians**

Respiratory physicians are experts in diagnosing lung cancer.

Your respiratory physician is: ________________________________

Contact via administrator: **020 3447 9005** (9am to 5pm, Monday to Friday)

If you are having a bronchoscopy (examination of your airways) or pleural effusion drainage (drainage of fluid from your lungs), you can also contact the **thoracic interventional nurse** on 07976 910653. He/she will assess you and help you arrange these procedures.

**Consultant surgeons**

As part of your cancer treatment you may need surgery. Surgery usually takes place at University College Hospital at Westmoreland Street. You will meet your consultant surgeon at your outpatient appointment to discuss your treatment.

Your consultant surgeon is: ________________________________

Contact via secretary: **020 3456 6059** (9am to 5pm, Monday to Friday)
**Consultant medical oncologists**

Medical oncologists are doctors who specialise in the treatment of cancer with drugs – chemotherapy, immunotherapy or targeted treatments.

Your medical oncologist is: ________________________________

Contact via secretary: **020 3447 9091** (9am to 5pm, Monday to Friday)

**Consultant clinical oncologists**

Clinical oncologists are doctors who specialise in the treatment of cancer with radiotherapy.

Your clinical oncologist is: ________________________________

Contact via secretary: **020 3447 9091** (9am to 5pm, Monday to Friday)

**Clinical nurse specialists (CNSs)**

Clinical nurse specialists are qualified nurses with specialist training and extensive experience in supporting and treating patients with your type of cancer. They offer advice and support throughout your diagnosis, treatment and follow-up.

Your CNS may also act as your **key worker** during your treatment, which means they are a consistent point of contact for you, your family and any professionals involved in your care. This may change if you are supported by the community teams.

Your CNS is: ____________________________________________

You can contact the CNS team on **020 3447 2161** (9am to 5pm, Monday to Friday). Please leave a message and they will get back to you as soon as they can, which may not be until the next working day.
If you need surgery and are under the care of the University College Hospital at Westmoreland Street, the thoracic surgical CNS may act as your key worker.

Your thoracic surgical CNS is: ______________________________

You can contact the thoracic surgical CNS on 020 3456 6053 or 020 3456 6041, or call their mobile on 07432 501269 (9am to 5pm, Monday to Friday).

Macmillan lung cancer support workers

Macmillan lung cancer support workers help the CNSs in their day-to-day activities, allowing for a more individual patient support. They make referrals to other services, such as the wig service, welfare and benefits, and community-based programmes. As they are not medically qualified, they are unable to give medical advice but can liaise with the relevant teams on your behalf.

Your Macmillan lung cancer support worker can be contacted on 020 3447 2161 (9am to 5pm, Monday to Friday). Please leave a message and they will get back to you as soon as they can.

Consultant radiologists

Consultant radiologists are specialists in examining and interpreting X-rays, CT scans, PET scans, MRI, bone scans and other tests performed to diagnose disease.

Consultant pathologists

Consultant pathologists are specialists in examining tissue and cells taken from biopsies and other tests performed to diagnose disease and confirm the type of cancer.

Other members of the MDT (as applicable)

There are other specialists, such as dietitians, physiotherapists, occupational therapists, social workers and research nurses/clinical trial practitioners who are part of the extended MDT. You may be referred to these specialists if appropriate.
The lung cancer MDT meeting

The MDT meets every week to discuss the diagnosis and treatment plan of individual patients. They ensure that each patient is given the same high standard of care and has the most appropriate investigations and treatment.

What happens after the MDT meeting?

After your diagnosis and treatment plan have been discussed in the MDT meeting, the recommendations are noted on your hospital record. It is likely that an appointment will be made with your consultant and/or CNS to discuss this further, or you may be called to have further tests. You may bring a friend or relative with you to any of these appointments.

Sometimes it may be more appropriate to refer you to another specialist team. We will let you know if this is the case.

Communicating with you and your GP

Your GP will be informed of your diagnosis within 24 hours and will be included in all correspondence regarding your diagnosis, treatment and care. You will also be automatically copied into this correspondence.

If there is anything you don’t understand in the letters that you receive, please bring them with you to your next appointment and we will be happy to discuss any questions you may have.

Urgent and out-of-hours advice

If you need urgent advice or feel unwell at any time, call our 24-hour urgent advice line on 07947 959020. Depending on the nature and urgency of the call, the doctor or nurse may advise you to call your out-of-hours GP or go to your local Emergency Department (A&E).
Research

As a large research centre, UCLH runs a range of research studies and clinical trials aimed at improving knowledge, treatment and outcomes in plasma cell care.

- Research studies usually involve giving a sample of blood or doing a questionnaire.
- Clinical trials may involve taking a new drug or having a new procedure.

Your doctor will talk to you about any research studies and clinical trials that may be suitable for you. If you choose to participate in a clinical trial, you will be supported by a research nurse/clinical trial practitioner who will be your main contact during that time.

It is entirely up to you whether you wish to get involved. If you decide not to take part, or if you choose to withdraw at any time, your treatment may change but you can expect the same level of care.

Lung cancer clinical trial practitioners:
07960 779970 or 07572 156852 (9am to 5pm, Monday to Friday)
Macmillan Support and Information Service

The Macmillan Support and Information Service is based on the ground floor of the University College Hospital Macmillan Cancer Centre. It provides a relaxed and informal space where patients and their families and friends can ask questions and talk through their concerns with specialist staff. The team offers support at any stage of patient care – from diagnosis, throughout treatment and beyond.

You can access a range of information resources, including leaflets and booklets, and be referred to other services such as:

- complementary therapy
- wig and scarf tying advice
- diet and nutrition advice
- welfare and benefits, and
- psychological care and counselling.

There is also a programme of supportive activities available to help you manage the effects of treatment and meet other people who share similar experiences.

You don’t need an appointment to visit the Macmillan Support and Information Service and the team will see you as quickly as possible.

**Telephone:** 020 3447 8663

**Email:** uclh.supportandinformation@nhs.net

**Opening hours:** 9.30am to 5pm, Monday to Friday
Patient Advice and Liaison Service (PALS)

PALS is a patient-friendly, easy-to-access service designed to provide a personal contact point to assist patients, relatives and carers. If you have a problem that you have been unable to resolve, PALS can help you.

The UCLH PALS office is located on the ground floor of the main hospital building and is open from 09:00 to 16:00, Monday to Friday.

**Telephone:** 020 3447 3042

**Email:** uclh.PALS@nhs.net

**Further information**

**The Roy Castle Lung Cancer Foundation**
Lung Cancer Helpline: **0333 323 7200** (9am to 5pm, Monday to Friday)

Website: www.roycastle.org

**Macmillan Cancer Support**
Support Line: **0808 808 0000** (9am to 8pm, Monday to Friday)

Website: www.macmillan.org.uk

**Mesothelioma UK**
Freephone: **0800 169 2409**
Website: www.mesothelioma.uk.com

**University College London Hospitals NHS Foundation Trust**
cannot accept responsibility for information provided by external organisations.
Space for questions and notes
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How to find us

University College Hospital Macmillan Cancer Centre
Huntley Street
London WC1E 6AG