The lung cancer multidisciplinary team
Information for patients and carers
If you would like this document in another language or format, or require the services of an interpreter, contact us on 020 3447 2161. We will do our best to meet your needs.

Introduction

This booklet provides information about the lung cancer multidisciplinary team (MDT).

An MDT is a team of professionals who will be caring for and supporting you at University College Hospital. This team consists of experts in different areas of medicine and care such as doctors, nurses, dietitians and physiotherapists.

Your treatment plan

It is important that you understand what your treatment involves. Please feel free to ask us about any aspect of your care plan and we will do our best to give you clear answers. We will also give you written information about your diagnosis and treatment to support the discussions you will have with members of our team. If there is anything you do not understand or have any questions about the written information, please ask us.

You may find it helpful to write down any questions you would like to ask us before your appointment. This may help you to remember everything. We also encourage you to bring a relative or friend with you to the clinic. They can help you remember what has been discussed and offer you support.

The type of treatment you will have will depend on:

- the type of cancer you have
- where it is in the lung
- whether it is present anywhere else in your body
- your general health.
Treatment may include some or all of the following:

- surgery
- chemotherapy or targeted treatments that block the growth and spread of cancer
- radiotherapy
- supportive care.

**Members of the MDT**

**Chest physicians**

The chest physicians are experts in diagnosing lung cancer.

Your chest physician is: _________________________________

Contact via secretary: **020 3447 9005** (09:00 to 17:00, Monday to Friday).

**Consultant surgeons**

As part of your cancer treatment you may need surgery. Surgery usually takes place at University College Hospital at Westmoreland Street (previously known as the Heart Hospital). You will meet your consultant surgeon at your outpatient appointment to discuss your treatment.

Your consultant surgeon is: _________________________________

Contact via secretary: **020 3456 6059** (09:00 to 17:00, Monday to Friday).

**Medical oncologists**

Medical oncologists are doctors who specialise in the treatment of cancer with drugs — either chemotherapy or targeted treatments.

Your medical oncologist is: _________________________________

Contact via secretary: **020 3447 9091** (08:30 to 16:30, Monday to Friday).
Clinical oncologists

Clinical oncologists are doctors who specialise in the treatment of cancer with radiotherapy.

Your clinical oncologist is: ________________________________

Contact via secretary: 020 3447 5085 (08:30 to 16:30, Monday to Friday).

Clinical nurse specialists (CNSs)

Clinical nurse specialists are qualified nurses with specialist training and extensive experience in treating patients with your type of cancer. They offer advice and support throughout your diagnosis, treatment and follow-up.

Your CNS may also act as your key worker during your treatment, which means they are a consistent point of contact for you, your family and any professionals involved in your care. This may change if you are supported by the community teams.

Your CNS is:__________________________________________

Your CNS can be contacted on 020 3447 2161. Please leave a message and they will get back to you as soon as they can.

When you are under the care of the University College Hospital at Westmoreland Street (previously known as the Heart Hospital), the thoracic surgical CNS will act as your key worker:

Your thoracic surgical CNS is:______________________________

You can contact the CNS on 020 3456 6053. You can also call the switchboard of University College Hospital at Westmoreland Street (previously known as the Heart Hospital) on 020 3456 7898 and ask for bleep 6993 (09:00 to 17:00, Monday to Friday).
Macmillan lung cancer support workers

Macmillan lung cancer support workers help the CNSs in their day-to-day activities, allowing for a more individual patient support. They make referrals to other services, such as the wig service, welfare and benefits, and community-based programmes. As they are not medically qualified, they are unable to give medical advice but can liaise with the relevant teams on your behalf.

Your Macmillan lung cancer support workers can be contacted on 020 3447 2161. Please leave a message and they will get back to you as soon as they can.

Consultant radiologist

Consultant radiologists are specialists in examining and interpreting X-rays, CT scans, MRI, bone scans and other tests performed to diagnose disease.

Consultant histopathologist

Consultant histopathologists are specialists in examining tissue and cells taken from biopsies and other tests performed to diagnose disease and confirm the type of cancer.

Other members of the MDT (as applicable)

There are other specialists, such as physiotherapists, occupational therapists, social workers and research nurses who are part of the extended MDT. You may be referred to these specialists if appropriate.

The lung cancer MDT meeting

The MDT meets every week to discuss the diagnosis and treatment plan of individual patients. They ensure that each patient is given the same high standard of care and has the most appropriate investigations and treatment.
What happens after the MDT meeting?

After your diagnosis and treatment plan have been discussed in the MDT meeting, the recommendations are recorded in your notes. It is likely that an appointment will be made with your consultant and/or CNS to discuss this further, or you may be called to have further tests. You may bring a friend or relative with you to any of these appointments.

Sometimes it may be more appropriate to refer you to another specialist team. If this is the case, we will contact you to advise you of this.

Out-of-hours advice

If you are currently receiving treatment and need to speak to someone out of hours because you have a medical emergency, please go to your local Emergency Department (A&E) or contact your GP.

You can also call our 24-hour urgent advice line for patients and carers on 07947 959020.

Communicating with you and your GP

Your GP will be informed of your diagnosis within 24 hours and will be included in all correspondence regarding your diagnosis, treatment and care. You will also be automatically copied into this correspondence.

If there is anything you do not understand in the letters that you receive, please bring them with you to your next appointment and we will be happy to discuss any questions you may have.
Research

University College Hospital is a world-class leader in research. Our clinicians work closely with scientists at University College London (UCL) on medical research that will directly benefit patients and save many lives.

Our patients have access to cutting edge diagnosis and treatments, and each year thousands of our patients volunteer to take part in these studies.

If you have any questions about research, please speak to your specialist doctor or lung CNS and they can put you in touch with the research team.
Macmillan Support and Information Centre

The Macmillan Support and Information Centre is based on the ground floor of the University College Hospital Macmillan Cancer Centre. It provides a relaxed and informal space where patients and their families and friends can ask questions and talk through their concerns with specialist staff. The team offers support at any stage of a patient’s diagnosis, treatment and follow-up care.

Visitors to the Centre can access a range of information resources, including leaflets and booklets. Patients can also be referred to appropriate services, such as complementary therapy, the wig service, dietitian, welfare and benefits advisers, and the psychological and emotional care team.

There is also a programme of supportive activities available to help patients manage the effects of their treatment and meet other people who have shared similar experiences.

Visiting the Macmillan Support and Information Centre does not require an appointment and the team ensures that visitors are seen as quickly as possible.

Address: University College Hospital Macmillan Cancer Centre, Ground Floor, Huntley Street, London WC1E 6AG

Telephone: 020 3447 8663

Email: supportandinformation@uclh.nhs.uk

Opening hours: 09:00 to 17:00, Monday to Friday
Patient Advice and Liaison Service (PALS)

PALS is a patient-friendly, easy-to-access service designed to provide a personal contact point to assist patients, relatives and carers. If you have a problem that you have been unable to resolve, PALS can help you.

The UCLH PALS office is located on the ground floor of the main hospital building and is open from 09:00 to 16:00, Monday to Friday.

**Telephone:** 020 3447 3042

**Email:** PALS@uclh.nhs.uk

**Support numbers**

**The Roy Castle Lung Cancer Foundation**

Lung Cancer Helpline: **0333 323 7200** (09:00 to 17:00, Monday to Friday)
Website: www.roycastle.org

**Macmillan Cancer Support**

Support Line: **0808 808 0000** (09:00 to 20:00, Monday to Friday)
Website: www.macmillan.org.uk

**Mesothelioma UK**

Freephone: **0800 169 2409**
Website: www.mesothelioma.uk.com
Space for questions and notes
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Find us

University College Hospital Macmillan Cancer Centre
Huntley Street
London WC1E 6AG