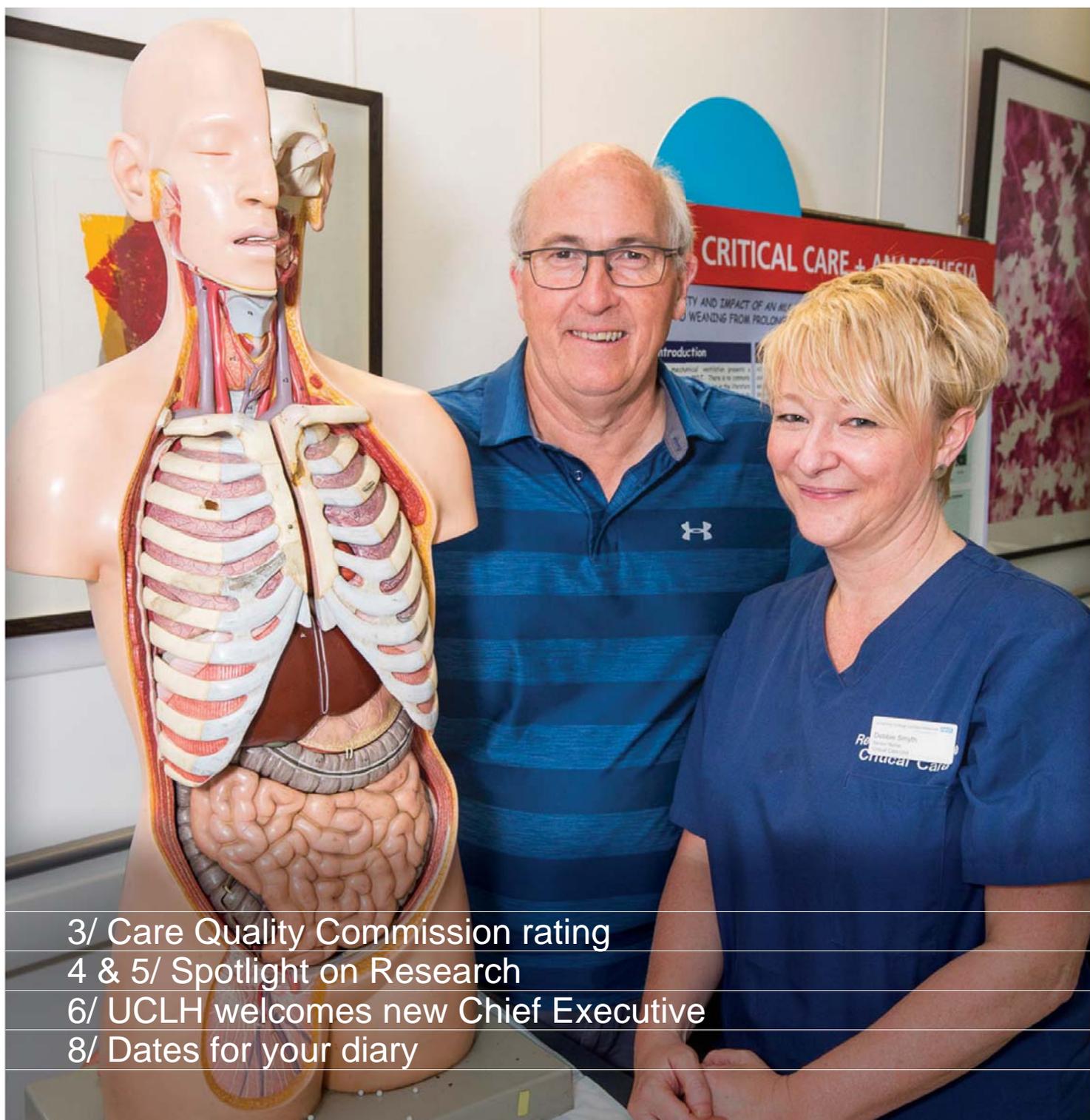


News

Issue 40
Autumn 2016



3/ Care Quality Commission rating
4 & 5/ Spotlight on Research
6/ UCLH welcomes new Chief Executive
8/ Dates for your diary



Care Quality Commission rating

In July this year, UCLH received a rating of 'good' by the Care Quality Commission (CQC) following an

inspection in March 2016.

Professor Ted Baker, Deputy Chief Inspector of Hospitals, who led the inspection said: "Throughout UCLH we saw areas of outstanding practice. We found all staff to be dedicated, caring and supportive of each other and we found patient feedback to be overwhelmingly positive". CQC inspectors found that UCLH staff treated and cared for patients with "compassion, dignity and respect." The report also praises the "innovative environment" at UCLH.

UCLH Chief Executive Sir Robert Naylor said: "Our 'good' rating is a significant achievement and a testament to the dedication and excellence of our staff. The CQC's report also highlights examples of innovation and best practice across UCLH, particularly within our maternity and

gynaecology services. Our staff will continue to work hard to build upon all the findings of the CQC's inspection in order to deliver the highest standards of patient care, education and research."

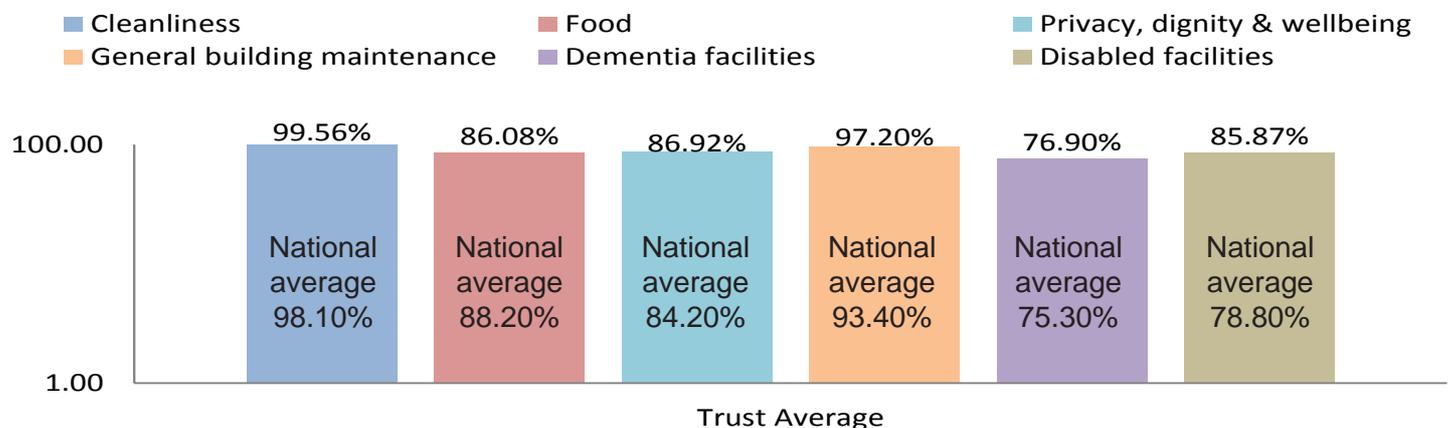
The inspection report highlighted some key areas where UCLH should make improvements including urgent and emergency care. We have action plans in place to tackle the issues identified and Governors will regularly receive updates on the progress at their formal Council meetings. The plans include:

- The £21.7m redevelopment of our emergency department, opening in 2018, to create a larger and better environment for patients and staff.
- Reviewing our pathways, processes and capacity to shorten the time taken for patients to receive their treatment.

You can view the full CQC report and ratings on the CQC website: www.cqc.org.uk/provider/RRV

PLACE inspections

Like all NHS hospitals, UCLH involves patients in its inspection processes and in Spring this year, Patient Led Assessment of the Care Environment (PLACE) inspections were carried out. The aim of the inspections is to provide a snapshot of how UCLH performs against a range of areas which impact on the patient experience of care. Teams of patient members, carers, governors and members of the local Healthwatch went into hospitals to assess how the environment supported patient's privacy and dignity, food, cleanliness, general building maintenance, suitability for disabled patients and dementia facilities for patients. Sites visited were UCH, Royal National Throat Nose and Ear Hospital, National Hospital for Neurology and Neurosurgery and UCH at Westmoreland Street.



An action plan has been developed to improve the patient experience of privacy, dignity and wellbeing and food. If you would like to take part in PLACE inspections in 2017, please contact the Membership Office to register your interest.

Spotlight on research...

UCLH Biomedical Research Centre awarded £111.5 million in research funding.

The biomedical research centre (BRC) at UCLH has won £111.5 million in funding from the National Institute for Health Research (NIHR) to extend its groundbreaking biomedical research.



BRC director Professor Bryan Williams said everyone at the BRC was extremely pleased “This is great news for patients and great news for our UCLH/UCL partnership. Our mission is to improve outcomes for patients with some of the diseases most difficult to treat. This funding means we can continue developing some of the best science in the world at UCL and get it to patients faster than ever before. It confirms us as a world-leading centre for biomedical research.”

The BRC invests in staff posts, equipment, facilities and training. Commended for its track record in translating fundamental biomedical research into clinical research that benefits patients, the BRC’s strategy for the future was described by the international panel as ‘highly relevant to the health of patients and the public’. The BRC’s work involving patients and the public in research was described as ‘excellent’.

The BRC’s award is part of a record £816 million investment in NHS research announced in September by Health Secretary Jeremy Hunt. UCL has two other biomedical research centres (BRCs), Great Ormond Street and Moorfields Eye Hospital, which received £37m and £19m respectively, meaning UCL has received more funding than any other UK university.

To find out more about the BRC and it’s work, you can visit: www.uclh.nhs.uk/Research/BRC

Some of the projects supported by the BRC have been attracting widespread media:

Cannabis-mimicking MS drug trial starts at UCLH

We’re trialling a drug that can help reduce the spasticity associated with MS by mimicking the properties of cannabis – without its sedative effects. Dr Rachel Farrell, consultant at the NHNN, is leading the study. She said: “Participants are only dosed for a four-week period which is enough to show whether the drug, VSN16R, impacts on spasticity. We hope to have the trial completed within a year.”

First evidence suggests that ovarian cancer screening may save lives

UCLH and UCL co-led the world’s biggest ovarian cancer screening trial and results suggest that screening based on an annual blood test may help reduce the number of women dying from the disease by around 20 per cent. Professor Usha Menon, UCLH consultant gynaecologist, said: “Finally we have data which suggests that screening may prevent ovarian cancer deaths. This is welcome news and provides fresh impetus for renewed efforts in this area.”

First maternal gene therapy trial to start

We’re set to trial the first clinical use of gene therapy during pregnancy. It will focus on mothers suffering from foetal growth restriction, where the placenta provides insufficient nutrients and oxygen to grow the baby. Dr Anna David, UCLH consultant in obstetrics and maternal and fetal medicine, said: “We hope the therapy will reduce stillbirths and neonatal deaths and improve neonatal and long-term outcomes for affected babies.”

Tumours can destroy themselves

UCL and UCLH researchers have discovered that every cancer cell contains one 'flag' that could be used to get a patient's immune system to attack all cancer cells simultaneously. Researcher Professor Charles Swanton, UCLH consultant, said: "This is exciting. We can prioritise and target the Achilles heel of these highly complex cancers."



In July, we held our annual research open day which saw over 50 interactive stalls where the latest technology and techniques were on display. A number of research projects were showcased at the event which was well attended by members:

A quick-fire mental maths test for patients and volunteers is part of a research study into how the body responds to stress. Dr Natalie Riddell, a researcher from UCL, said: "Most people find maths quite stressful and blood samples taken immediately afterwards show an increase of white blood cells – these are the 'soldiers' that mobilise and protect your immune system from imminent threat. We hope to find out whether the stress response changes in older people and how it might be manipulated to improve desired immune responses against infections and cancers whilst preventing responses which may accelerate inflammatory conditions."



A UV light box designed to eliminate bacteria and spores from tablet devices and mobile phones is being trialled. Radiating the device in UV light for just 30 seconds kills bugs such as MRSA, norovirus, faecal organisms and C. difficile spores and prevents patients and staff from infection. Professor Peter Wilson, medical microbiologist (pictured left), said: "Our research shows there is a quick and high kill rate. Mobile devices are used increasingly by nurses and for patient feedback and bacteria can easily be transferred when devices are shared. We now want to find out how many times a day they need to be cleaned for optimal cleanliness".

Bacteria collected from a Doctor Who Dalek could be the key to exterminating future diseases, according to research by the UCL Eastman Dental Institute. The 'Swab and Send' project, led by Dr Adam Roberts (pictured right) saw bacteria collected from the surface of a Dalek at BBC's Broadcasting House. Scientists discovered separate colonies of bacteria (thousands of cells that grow from one original bacterial cell) that appeared to be producing antibiotics that could potentially be developed as a medicine for the future. Dr Roberts said: "We got at least three different types of bacteria from the Dalek that were able to 'exterminate' our Micrococcus indicator strain. We are on the verge of having no useful antibiotics left for some common infections and there is therefore a global need to find new ones.



Farewell to Sir Robert Naylor

Back in September 2015, UCLH Chairman, Richard Murley announced that Sir Robert Naylor would be stepping down from his role as UCLH Chief Executive. Having secured a successor to the Chief Executive role, Sir Robert retired from UCLH on 30 September.

Richard Murley said: “On behalf of UCLH’s board, staff and patients I would like to thank Robert for the huge contribution he has given to the hospital during 15 years of outstanding leadership. We are truly fortunate to have been able to benefit from his exceptional strategic vision, wisdom, drive and flair. We will be very sad to lose Robert and wish him every success with his future plans.”

Sir Robert Naylor said: “It has been a great honour to have overseen the sustained development of UCLH which, in partnerships including UCL, is now recognised as one of the leading academic medical centres in the world.

“When I came here I planned to stay for five years to see through the first phase of the new University College Hospital - 15 years later we are up to phase 5 and the completion of a university/hospital campus of which we can all be proud. It’s been a wonderful journey and a legacy for future generations.”



Fact file:

- Joined the NHS in 1972 as a graduate trainee
- Chief Executive at Heart of England NHS Trust from 1985-2000
- Appointed Chief Executive at UCLH in 2000
- Knighted in the 2009 Queen’s New Year Honours in recognition of his services to the NHS



Welcome to Professor Marcel Levi

UCLH is delighted to announce the appointment of Professor Marcel Levi as its new Chief Executive.

Welcoming the announcement, Richard Murley, said: “I am delighted to welcome Marcel to London from The Netherlands. We conducted an extensive international search for our new Chief Executive and in Marcel we have found an exceptional leader with a strong track record in medicine, management, education and research.”

Fact file:

- Consultant physician, specialising in haemostasis and thrombosis, and leading an active research programme
- Chairman of the executive board, Academic Medical Center, University of Amsterdam
- Former Chairman, Department of Medicine and Division of Medical Specialisms, University of Amsterdam

Marcel said: “It is a great privilege to become Chief Executive at a Trust with UCLH’s reputation and history. I am fortunate to have been part of an excellent team at the Academic Medical Center in Amsterdam for more than 25 years and I look forward to working with UCLH patients and staff to deliver top-quality patient care, excellent education and world class research.” Neil Griffiths, Deputy Chief Executive, will become interim Chief Executive until Marcel takes up his post on 3 January 2017.

UCLH’s Council of Governors has agreed to extend Richard Murley’s term as chairman until the end of 2017 to support the transition to the new chief executive.

Council of Governors - 2016 Election results

On 15 July the Electoral Reform Services declared the results of this year's Council of Governors election. Nine governors were elected, seven new and two re-elected, all serving three years and taking up their seat from 1 September 2016. There was strong competition with 19 London based patient candidates contending for four seats and seven public candidates for one seat. Three of the new governors represent the staff constituency.

Candidates were invited to write a short summary in addition to their longer election statement. Here's what the elected public and patient governors said in their statements:

I have 20 year's experience in the Customer Service industry, delivering high standards in service. I will look to use these skills as governor and represent those that need UCLH's services from outside London.

Gareth Long,
Non-London patient



An Islington resident, hospital volunteer, patient and carer. I have spent more time in hospitals than I would have wished. I would like to use my experience to help improve things for others.

Graham Cooper,
London patient



I have enjoyed the experience of being a volunteer and also a Trustee for the Friends of UCLH and feel I still have more to offer as a Governor.

Maggie Gormley,
Public



I will listen to patients and their families and serve their interests effectively. I believe I have the skills and background to help watch and improve patient safety, patient experience and clinical outcomes.

Jo Wagerman,
London patient

You can find a full list of current Governors; along with their biographies, on our website at: www.uclh.nhs.uk/aboutus/FT/GB You can contact your Governors via the membership office, at MembersMeet 'Meet your Governor' sessions or at Council of Governor meetings.

We will be holding elections in the patient and public constituencies again next year, when we will also be seeking a carer representative. If you are thinking about standing for Governor, it's not too early to register your interest. Let the membership office know and they will contact you when nominations open (contact details on page 2). You can also sign up for our MembersMeet, 'Thinking of standing for Governor?' (registration details on back page).

Dates for your diary

MembersMeets:
Pituitary disorders -
Dr Stephanie
Baldeweg
 Tuesday 15
 November 2016
 1:00 - 3:00pm
 'Meet your Governor'
 session follows 3:00-
 3:30pm

Have your say
on UCLH Trust
priorities 2017/18
 Thursday 2 February
 2017
 2:30 - 4:30pm

Pain service and
management -
Dr Viki Mitchell
 Monday 24 April 2017
 1:00 - 3:00pm

Thinking of standing
for UCLH Governor?
 Monday 8 May 2017
 5:00-7:00pm

Book your place
 for the above
 MembersMeets via
 the membership
 office, or online at:
[www.uclh.nhs.uk/
 membersmeet](http://www.uclh.nhs.uk/membersmeet)

Council of
Governors Meeting
 Wednesday 25
 January 2017
 5.00 - 7.00pm

All members are
 welcome to the above
 meetings, which will
 be held in:
 Education Centre,
 250 Euston Road,
 London, NW1 2PG



UCLH Christmas event

You're invited to the UCLH Christmas event on **Tuesday 6 December**. You don't need to register to attend, just visit the atrium at **University College Hospital between 3-5pm**. There will be live music, carols, entertainment and mince pies. We are pleased to announce that our special guest - TV presenter, children's author and UCLH supporter David Baddiel - will flick the switch and light up our sparkly Christmas tree! Come along and support our hospital charities who'll be selling gifts to raise funds. Unlike previous December events at UCLH, there will be no clinical display stands or hospital tours but we promise plenty of festive cheer! We'll email you more details nearer the time - or check out our website at the end of November.

Web chats

In our last edition we told you about our web chats, hosted by the Communications team. The next web chats scheduled are:



Anyone is welcome to join in - you don't have to register. Just visit:
www.uclh.nhs.uk/webchat

On the website you can also view transcripts from the previous web chats, links to useful websites and profiles of the experts. The communications team are also trialling a live video web chat on **14 November from 4pm** with Prof. Mark Emberton on prostate cancer. To join in, visit our UCLH Facebook page (details on page 2).

New webpages for patients

Our communications team have been working hard with clinical teams and patients to develop new webpages to provide a range of useful information for patients. Patients were consulted every step of the way to ensure we were creating a website that they would want to use.

The newly launched pages are for blood diseases, urological cancers and head and neck cancer. You can visit the pages by typing the following address into your web browser:

www.uclh.nhs.uk/UrologicalCancers
www.uclh.nhs.uk/HeadAndNeckCancer
www.uclh.nhs.uk/blooddiseases

Visitors to the site can read patient stories, find information about treatment options and pathways, links to charities and support services. There is also a 'meet the team' section.

